College Foundations

Residency Application and Matching Process

June 20, 2016

Jason Bergschneider

Lee Miller, M.D.
Outline

1. Match Results for 2016
2. Choosing your Specialty
3. Choosing Programs
4. The Application
5. Personal Statement
6. Letters of Recommendation
7. MSPE and MSPE Meeting
8. Dessert!
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2. DGSOM Class of 2016 Match Statistics
3. Specialty Choices
4. Primary Care
5. Surgical Specialties
6. Location
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### 2016 Main Residency Match: Largest on Record

#### Applicants

<table>
<thead>
<tr>
<th>Category</th>
<th>Number</th>
<th>Change</th>
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<tbody>
<tr>
<td>Registered</td>
<td>42,370</td>
<td>1,036</td>
</tr>
<tr>
<td>Active (submitted program preferences)</td>
<td>35,476</td>
<td>571</td>
</tr>
<tr>
<td>Matched (to first-year positions)</td>
<td>26,836</td>
<td>584</td>
</tr>
<tr>
<td>Match Rate (for first-year positions)</td>
<td>75.6</td>
<td>0.4</td>
</tr>
</tbody>
</table>

#### Programs

<table>
<thead>
<tr>
<th>Category</th>
<th>Number</th>
<th>Change</th>
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</thead>
<tbody>
<tr>
<td>Positions</td>
<td>30,750</td>
<td>538</td>
</tr>
<tr>
<td>PGY-1 Positions</td>
<td>27,860</td>
<td>567</td>
</tr>
<tr>
<td>Unfilled Positions</td>
<td>1,178</td>
<td>-128</td>
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</table>

#### U.S. Allopathic Seniors

<table>
<thead>
<tr>
<th>Category</th>
<th>Number</th>
<th>Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Active Seniors (submitted program preferences)</td>
<td>18,187</td>
<td>162</td>
</tr>
<tr>
<td>Matched Seniors (to first-year positions)</td>
<td>17,057</td>
<td>125</td>
</tr>
</tbody>
</table>

% Positions Filled by Seniors (for first-year positions) 61.2 ↓ 0.8
The ongoing growth of the number of U.S. seniors, 162 more than last year, is due to:

1. Rising medical school enrollments
2. The establishment of new schools

The increase in total number of positions is mostly attributable to the growth of Family Medicine and Internal Medicine positions.
Key Points About 2016 Match

1. The overall match rate was 93.8%, about the same as last year (within the historical 92-95% match rate)

1. The number of matched seniors was an all-time high (125 more than last year)

1. Of the U.S. seniors who matched, 53% matched to their first choice for training (up from 51.6% last year)
53% of U.S. Seniors matched in their first choice program (up from 51.6% last year)

85% of U.S. Seniors matched in one of their top four programs (same as last year)
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DGSOM 2016 Match

1. DGSOM Match rate of 94.5%

2. 44% of our students matched in primary care disciplines

2. 20% of our students matched in internal medicine
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What Specialties are our Students Pursuing?

- Internal Medicine 31 (+ 19 in Prelim IM programs)
- Family Medicine 21
- Pediatrics 14
- Orthopedics 12
- Emergency Medicine 11
- Psychiatry 10
- Ob-Gyn 8
- Anesthesiology 8
- Ophthalmology 6
- General Surgery 8
- Dermatology 7
What Specialties are our Students Pursuing, continued?

- Radiology 6
- Neurosurgery 4
- Pathology 3
- Physical Med and Rehab 3
- Urology 3
- IM/Peds 2
- Plastic Surgery 2
- Radiation Oncology 1
- Vascular Surgery 1
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Class of 2016

**Primary Care** 46%
(Categ IM, Peds, Med-Peds, FM, Ob-Gyn)

**Surgical Specialties** 22%
(General Surgery, Ophthalmology, Orthopedics, Urology, Neurosurgery, Plastic Surgery and Vascular Surgery)
38.6 percent of all U.S. seniors who matched to PGY-1 positions matched to categorical positions in Family Medicine, Internal Medicine, and Pediatrics

vs. 41 percent of DGSOM seniors who matched to PGY-1 positions matched to categorical positions in Family Medicine, Internal Medicine, and Pediatrics
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Location! Location! Location!

75% of the Class of 2016 will be staying in California!

(same as last year)
California Training Programs

- UCLA 32
- Kaiser system 11
- UCSF 11
- Harbor 14
- Stanford 5
- USC affiliated 5
- Cedars 4
- Olive View 4
- UC Irvine 3
- UCSD 2
- UC Davis 2
- California Pacific 2
California Training Programs, cont.

- Loma Linda 2
- Santa Clara Valley 2
- Scrippps 2
- St. Mary’s SF 1
- CHLA 1
- Pomona Valley Hosp 1
- Presbyterian Intercommunity 1
- Riverside Community 1
- VA Hospitals 1
- Valley Consortium Modesto 1
- Ventura County 1
- White Memorial 1
Class of 2016 grads will be in...

1. West coast = 132
2. Northeast = 19
3. Midwest = 11
4. The South = 5

Most will be in California, New York and Massachusetts
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Choosing Your Specialty

1. AAMC’s Careers in Medicine
2. Subinternships in multiple specialties
3. Writing two personal statements
4. Understanding your competitiveness
5. Meeting with Advisors
   a) College Advisors
   b) College Mentors
   c) Deans and Dean’s Office Staff
   d) Career Advising Team
Understanding your competitiveness

Review Charting Outcomes in the Match on NRMP Web Site, to assess your qualifications and competitiveness for specialties.

*Charting Outcomes in the Match*
Review Charting Outcomes in the Match on NRMP Web Site, to assess your qualifications and competitiveness for different specialties:

http://www.nrmp.org/

MAIN RESIDENCY MATCH DATA

Charting Outcomes in the Match, 2015
12 measures that NRMP studies each year, by specialty:

1. Step 1 score
2. Step 2 score
3. Research experience
4. Abstracts and publications
5. Work experience
6. Volunteer experience
7. AOA
8. Graduating from one of the top NIH funded medical schools (that's us!)
9. PhD's
10. Graduate Degrees
11. Mean number of programs ranked
12. Mean number of specialties ranked
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Choosing Programs

1. Start reading about programs through a comprehensive compendium of accredited programs on the AMA–FREIDA website

2. Meet with College Advisors and Mentors

3. Meet with faculty members

4. Discuss with current residents
AMA FREIDA

An online database maintained by the AMA of accredited residency and fellowship programs.

http://www.ama-assn.org/ama/pub/education-careers/graduate-medical-education/freida-online.page
Search Results
28 program(s) match your search criteria. Click on the name of the program for basic information. Programs with * have additional information.

Albany Medical Center Program
Program Id: 4403521191
Specialty: Surgery-General
City/State: Albany/New York

Lincoln Medical and Mental Health Center Program
Program Id: 4403500439 *
Specialty: Surgery-General
City/State: Bronx/New York

Montefiore Medical Center/Albert Einstein College of Medicine Program
Program Id: 4403521202 *
Specialty: Surgery-General
City/State: Bronx/New York

Bronx-Lebanon Hospital Center Program
Program Id: 4403511206 *
New York Presbyterian Hospital (Columbia Campus) Program

Identifier 440-35-21-229
Specialty Surgery-General

Basic Information  General Information  Faculty & Trainees  Work Schedule  Educational Environment  Employment Policies & Benefits

Location Map

Last updated: 10/13/2015  Survey received: 07/07/2015

Program Director:
Tracey D Arnell, MD  
New York Presbyterian Hosp-Columbia  
Milstein Hosp 7GS-313  
177 Fort Washington Ave  
New York, NY 10032  
Tel: (212) 305-3038  
Fax: (212) 305-8321  
E-mail: mh487@columbia.edu

Person to contact for more information about the program:
Marlene Haselbauer  
New York Presbyterian Hosp-Columbia  
Surgery Pgm  
177 Fort Washington Ave  
New York, NY 10032  
Tel: (212) 305-3038  
Fax: (212) 305-8321  
E-mail: mh487@cumc.columbia.edu

Information

Web Address  
Accredited length of training

http://www.columbiasurgery.org/residency/
**USMLE Step 1 and Step 2 requirements for interview consideration**

<table>
<thead>
<tr>
<th>Step 1 required</th>
<th>Minimum score</th>
<th>Step 2 required</th>
<th>Minimum score</th>
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<tbody>
<tr>
<td>Yes</td>
<td>236</td>
<td>No</td>
<td></td>
</tr>
</tbody>
</table>

**Average Step 1 score (range) of current residents/fellows**

221 - 240
How Many Programs?
So variable!

- Rank
  - 10

- Interview
  - 10-20

- Apply
  - 40+

Total: 60+ programs
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The Application

1. ERAS application/Curriculum Vitae
2. Letters of Recommendation
3. Personal Statement
4. MSPE
5. USMLE Transcript
6. DGSOM Transcript
7. ERAS fee
8. Photo – Free and taken during College Foundations
Curriculum Vitae

vs.

ERAS Application CV
Types of LOR’s

1. Individual faculty member who supervised you in the clinical setting
2. Department Chair letter (or his/her designee)
3. Research mentor
4. Mentor in significant extracurricular activity
5. Longitudinal preceptor
6. Specialty Specific
   a. Standard Letter of Evaluation (SLOE) for Emergency Medicine
   b. Universal Supplemental Medical Student Evaluation (for some Orthopedic surgery programs)
1. Your letter writer will upload the LOR directly to ERAS.

2. Faculty members will have instructions on the ERAS Letter Request Form.

3. You can keep track of your LOR’s and all residency application documents through ERAS.
Chairs Letters

Who typically needs a Chair’s Letter?

- General Surgery
- Internal Medicine
- Ob/Gyn
- Orthopaedic Surgery
- Pediatrics
- Med-Peds
- Urology
- Anyone applying to preliminary medicine or transitional programs
Contacts for Chair’s Letters

**General Surgery**
Ronald Busuttil, MD  
Christian deVirgilio, MD

**Internal Medicine**
Cedars-Sinai: Mark Noah, MD  
Harbor: William Stinger, MD  
Olive View: Soma Wali, MD  
West LA VA: Gregory Brent, MD – Please send requests to Emily Cantor, MD  
UCLA: Send requests to Andy Romney

**Orthopaedic Surgery**
Jeffrey Eckardt, MD  
(co-signed by Nelson Soohoo, MD)

**Obstetrics & Gynecology**
Lisa Nicholas, MD  
(co-signed by Andrea Rapkin, MD)

**Pediatrics**
Deborah Lehman, MD  
(co-signed by Sherin Devaskar, MD)

**Urology**
Jennifer Singer, MD  
(co-signed by Mark Litwin, MD)
1. Standardized Letter of Evaluation (SLOE) For Emergency Medicine

2. Universal Supplemental Medical Student Evaluation
   An extra form requested by a handful of Orthopaedic Surgery programs
The Medical Student Performance Evaluation (MSPE)
MSPE Meeting with Lee

1. Jason will schedule this for you in June, July or August

2. It doesn’t matter when we meet, your MSPE will still be released on October 1
MSPE Meeting

1. Career Choices
2. Advisors
3. Background Information
4. Overview of MSPE Outline
5. Unique Characteristics Section
6. CV Review
7. Personal Statement Review
8. Review of AMA-FREIDA
9. MS-4 Schedule
10. Step 2 Timing
11. Interview Timing
12. Letters of Recommendation
13. Programs
14. Addressing Questions or Concerns
MSPE Overview

Sections:

1. Identifying Information
2. Unique Characteristics (Drafted by you)
3. Academic History
4. Performance in Pre-Clinical Curriculum and USMLE Step score(s)
5. Core Clerkship summatives
6. Senior elective summatives
7. Summary paragraph
Rumors and The Facts

• **Adjectives**
  – In the MSPE, DGSOM does **not** use a legend to link adjectives to performance (i.e. superior=top 1%) but some schools do.

• **Rankings**
  – DGSOM is a true pass/fail school. There is no mention of ranking in the MSPE.

• **LODs** (from class of 2016)

<table>
<thead>
<tr>
<th># LODs</th>
<th>Count</th>
<th>Sum</th>
<th>Rounded %</th>
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</thead>
<tbody>
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<td>9</td>
<td>0</td>
<td>0</td>
<td></td>
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<tr>
<td>8+</td>
<td>4</td>
<td>4</td>
<td>2</td>
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<tr>
<td>7+</td>
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<td>4</td>
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<td>6+</td>
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<tr>
<td>5+</td>
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<td>19</td>
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<tr>
<td>1+</td>
<td>38</td>
<td>104</td>
<td>55</td>
</tr>
</tbody>
</table>
Personal Statement

Stay Tuned until tomorrow!
Application Timeline

June 6, 2016
ERAS 2017 Begins – you should all have your tokens, let Jason know if you haven’t received it yet
Applicants can register on MyERAS and begin working on their application.

September 6, 2016
Applicants start applying to ACGME-accredited residency programs only.

September 15, 2016
ACGME-accredited residency programs start receiving applications.

October 1, 2016
MSPE’s released to residency programs.
Application Timeline

October 2016
MSPE released nationwide on October 1st

October 2016 – January 2017
Interviews! (Note requirement to not miss ICU Final Exam!)
Register with NRMP by November 30, fees increase on Dec 1
Early Match programs submit rank lists in early January

February 2017
Rank Lists due at NRMP

March 2017
Match Day is Friday, March 17, 2017
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