APPLICATION FOR INCREASE IN WEEKLY DUTY HOURS

Date: __________________________

Program: __________________________

Program Director: __________________________ Phone: __________________________

The following is a request for an exemption to the 80-hour work week. This has been discussed and requested by the faculty of the Program (attach minutes or meeting discussion). Additionally, the requested increase has been discussed with the Program's house staff and agreed to by them (petition, meeting, minutes/notes).

Request increase for the following rotations:

<table>
<thead>
<tr>
<th>Rotation</th>
<th>Current Weekly Hour Average:</th>
<th>Requested Weekly Average</th>
<th>(Maximum 88 hours)</th>
</tr>
</thead>
<tbody>
<tr>
<td>PGY I</td>
<td></td>
<td>1</td>
<td>(Max 88 hours)</td>
</tr>
<tr>
<td>PGY II</td>
<td></td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>PGY III</td>
<td></td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>PGY IV</td>
<td></td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>PGY V</td>
<td></td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>PGY VI</td>
<td></td>
<td>6</td>
<td></td>
</tr>
<tr>
<td>PGY VII</td>
<td></td>
<td>7</td>
<td></td>
</tr>
</tbody>
</table>

Educational Rationale for Requested Increase (attach additional pages as needed):

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

1. Submit schedule example block for 28-day period. Attach grid of model.
2. Repeat above for additional rotations requested.

NOTIFICATION OF APPROVAL BY GMEC AND PROGRAM'S RRC IS REQUIRED PRIOR TO ANY INCREASE IN THE 80-HOUR LIMIT.

ACGME Duty Hours Policy - July 2003 - 1
Required Documentation

The program's responsibility is to make a clear showing that the exception is necessary for educational reasons. The proposal must include the following documentation:

1. **Patient Safety**: Information must be submitted that describes how the program and institution will monitor, evaluate, and ensure patient safety with extended resident work hours.

2. **Educational Rationale**: The request must be based on a sound educational rationale which should be described in relation to the program's stated goals and objectives for the particular assignments, rotations, and level(s) of training for which the increase is requested. Blanket exceptions for the entire educational program should be considered the exception, not the rule.

3. **Moonlighting Policy**: Specific information regarding the program's moonlighting policies for the periods in question must be included.

4. **Call Schedules**: Specific information regarding the resident call schedules during the times specified for the exception must be provided.

5. **Faculty Monitoring**: Evidence of faculty development activities regarding the effects of resident fatigue and sleep deprivation must be appended.