

**UCLA** David Geffen School of Medicine

# UCLA PREP

**Office of Outreach and Pathway Programs**

***Email:*** [uclaPREP@mednet.ucla.edu](mailto:uclaPREP@mednet.ucla.edu)

***Website:*** <https://medschool.ucla.edu/apply/PREP>

# UCLA Pre- Medical Enrichment Program



## PROGRAM DATES

July 7, 2025 - August 15, 2025

**Virtual:** July 7, 2025 - July 18, 2025

**In-Person:** July 21, 2025 - August 15, 2025

**Move-in:** Sunday, July 20, 2025

**Move-Out:** Saturday, August 16, 2025

# PREP 2025 Portal



All the information, in one place.

# PREP 2025 Portal

Congratulations and welcome to the UCLA PREP 2025 Cohort!



## Announcements

- This website will have all the information you will need to prepare for PREP 2025.
- See below for steps to prepare for PREP 2025.

## Mandatory Meetings

### Welcome Meeting (via Zoom)

You must RSVP and attend One (1) of the following two meetings:

Monday, May 12, 2025 at Noon - 1:00pm PST

Tuesday, May 13, 2025 at 4:00pm - 5:00pm PST

### Onboarding Meeting (via Zoom)

You must RSVP and attend One (1) of the following two meetings:

Monday, June 9, 2025 at Noon - 1:00pm PST

Tuesday, June 10, 2025 at 4:00pm - 5:00pm PST

## Onboarding Instructions

Step 1 - Waivers and Agreements - DUE May 9, 2025 at Noon PST

Step 2 - Onboarding Survey - DUE May 9, 2025 at Noon PST

Step 3 - UCLA Log-On and ID Forms - DUE May 21, 2025 at Noon PST

Step 4 - Mentee Survey - DUE June 27, 2025 at Noon PST

Step 5 - Shadowing Pre-Screening - DUE May 18, 2025 at Midnight PST

Step 6 - Payment Works - DUE June 13, 2025 at Noon PST

Step 7 - Covid Vaccination Information - DUE June 27, 2025 at Noon PST

Step 8 - Medical Clearance Forms - DUE June 27, 2025 at Noon PST

## PREP Program Dates

Virtual: Jul. 7, 2025 - Jul. 18, 2025 (8am - 12pm PST)  
In-Person: Jul. 21, 2024 - Aug. 15, 2025 (8am - 5pm PST)

- Move-In: Sunday, Jul. 20, 2025
- Move-Out: Saturday, Aug. 16, 2025 by 11am

# Required Onboarding Steps



Everything we need to welcome you to UCLA

**Due June 27**

## **Step 4 – Mentee Survey**

### **Quick 2-minute Survey**

We have found longitudinal mentors for each scholar. We will ask you to rate your professional interests to inform matches for mentors.

You will be paired with a mentor based on your Pre-Health goals. Mentors will not have a 100% match to all aspired traits. However, all mentors will be able to provide you with guidance, support, and institutional knowledge that will support scholars along their journey. As such, mentor switches will not be accommodated, unless absolutely necessary.

# Due June 13

## Step 6 – Payment Works

### Payment Works (Stipend)

Within the two weeks, scholars will receive an email from Payment Works. This platform is used to release scholar stipend via Zelle or Check (Choosing Zelle may allow the stipend to show up in your account faster than a check).

#### **When signing-up with Payment Works, please make sure**

1. The scholar name and address exactly match as the information submitted via the onboarding Survey. If it does not match, please the scholar needs to send an updated name or address to Sheryl Diaz immediately.
2. The phone OR email address the scholar is nominating should be the same as the one linked to their Zelle account



You can submit now if  
you already meet the  
requirements

Due June 27

## Step 7 – Covid Vaccination Info

### Details

All Pathway Program participants must be up to date on COVID-19 vaccinations or submit a written religious or medical exception request.

- People aged 12 years and older who got previous COVID-19 vaccine(s):
  - People aged 12 years and older who got COVID-19 vaccines before **September 12, 2024**, should get 1 updated Pfizer-BioNTech, Moderna, or Novavax COVID-19 vaccine.

Upload your COVID-19 Vaccination Card or submit a written religious or medical exception request:

- If you have multiple cards, please consolidate the pictures onto one word document and submit them as only 1 Document.
  - Your name should be clear in the photos



**Due June 27**

## **Step 8 – Medical Clearance Forms - UCLA Health Shadowing**

This step needs a form completed by your Primary Care Physician.  
Book your appointment now.

Once you get the approval email anytime on May 26, then you will be able to complete the UCLA Health Onboarding including mandatory training modules, Medical Clearance Forms upload, etc.

- **NON-UCLA STUDENTS** are required to PROVIDE the attached Observer Health Clearance Letter from your PCP (Primary Care Physician).
- **UCLA STUDENTS** can provide their UCLA Health - Volunteer/SRP (Student Research Program) Health Clearance Letter from UCLA Student Health Ashe Center instead of the attached Observer Health Clearance Letter.

### **Note:**

# Medical Clearance Form

- This requires vaccines and tests to be completed or waived (if applicable) and signed by your Primary Care Physician
  - Please look at booking appointments now.
  - No extensions can be granted for this requirement.
- To note:
  - Please read the document carefully, i.e you will need a TB blood test not a TB skin test.
  - Flu shots: Flu vaccines are NOT required at this time. It is only required during flu season which is October – March.
  - Onboarding Session: This is already scheduled for you: July 8, 2025; 11:00AM PST - 11:45AM PST

Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

To ensure the safety of patients, clients and staff, all individuals accepted/invited to observe or shadow our faculty and clinical staff within UCLA Health must be screened for potentially infectious diseases and conditions, as recommended by the Centers for Disease Control and Prevention. Individual must obtain medical clearance, as delineated on this form, by a licensed healthcare provider prior to starting their observations within UCLA Health premises.

**NOTE:** Proof of each medical clearance items must be sent to the coordinator in addition to this form.

1. Immunity to Measles, Mumps, Rubella and Varicella - Individual must have proof of immunity, (e.g. blood titers) to the following conditions or vaccination records for 2 MMR and 2 Varicella Vaccines.  
MMR Vaccine #1: \_\_\_\_\_ MMR Vaccine #2: \_\_\_\_\_ OR Positive Titer Date: \_\_\_\_\_  
Varicella Vaccine #1: \_\_\_\_\_ Varicella Vaccine #2: \_\_\_\_\_ OR Positive Titer Date: \_\_\_\_\_  
Comments: \_\_\_\_\_
2. COVID Vaccine – Individuals must either have completed primary COVID vaccine series (Two Moderna/Pfizer OR One J & J) along with subsequent booster OR have received one Bivalent Booster. Individuals may also decline the vaccine by signing a declination (Addendum I).  
Type of vaccine: \_\_\_\_\_ Date of Vaccine #1: \_\_\_\_\_ Date of Vaccine #2: \_\_\_\_\_  
Booster Type: \_\_\_\_\_ Date: \_\_\_\_\_  
OR  
Bivalent Booster: \_\_\_\_\_ Date: \_\_\_\_\_
3. Tuberculosis Testing - Individual must be tested for Tuberculosis by Quantiferon (QFT) blood test or TSpot AND be free of active tuberculosis. TB Skin tests are not acceptable. If individual has history of positive TB test, a negative chest X-ray is required in lieu of a TB blood test. TB blood test/X-ray must be completed within the last 3 months.  
TB Test Type (Blood test or X-ray): \_\_\_\_\_ TB Result: \_\_\_\_\_ Date of TB Test: \_\_\_\_\_
4. Tetanus-diphtheria-pertussis Vaccine - Individual must either have documentation of Tdap (Tetanus, Diphtheria, and Pertussis) vaccine or sign a declination for the Tdap vaccine (Addendum II).  
Has individual been vaccinated for Tdap? If yes (add date here): \_\_\_\_\_ No (declination signed): \_\_\_\_\_
5. Hepatitis B Vaccination - Individual must either demonstrate immunity to Hepatitis B (blood titers), or sign a declination for Hepatitis B vaccine (Addendum III).
6. Flu Vaccine - Required annually during flu season (November-April) only.  
Date of Flu Vaccine: \_\_\_\_\_

General Comments: \_\_\_\_\_

## Licensed Healthcare Provider Statement:

I certify that this individual has met the above-described health clearance criteria and does not represent a communicable disease safety risk or risk in a hospital environment.

Licensed Healthcare Provider Name \_\_\_\_\_ License # \_\_\_\_\_

Office Phone (\_\_\_\_\_) \_\_\_\_\_ Address \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

# Program Dates



General reminder about PREP dates

# Booking Your

# Travel to/from UCLA

## Arrival

**Sunday, July 20, 2025**

- Check-in will be 2pm - 8pm

## Departure

**Saturday, August 16, 2025**

- Check-out is 11am.
- No extensions available

Our last event ends by 5pm on Friday, August 15. You can leave anytime after that.

# Information for Air Travelers



The drive from the airport to UCLA can take anywhere between 20-40 minutes depending on traffic conditions, therefore, **we recommend booking flights that arrive anytime by Noon on Sunday, July 20, 2025.**

Remember that check-in will take place from **2pm-8pm at UCLA.**

We do not provide a shuttle directly from the airport; however, the options below can get you to the check-in location fairly easily.

## Getting to UCLA

Option 1: Rideshare. Cost varies from \$30 - \$60

Option 2: Super Shuttle. Cost varies from \$50 - \$80

Option 3: Public Transportation. Cost about \$1.25

# Program Specifics



Making sure all your questions are answered

# 6 Week

## Intensive Summer Program

### Monday - Friday

Sessions typically run 8am – 5pm

### Do Not Schedule

- Class
- Research
- Work
- Vacations



# PREP Core

## Curriculum

How To Apply



MCAT Review



Research: Health  
Disparities Project



Community  
Development



AMCAS Overview



Problem Based  
Learning



Mental Health  
and Wellness



Academic  
Enrichment

































Mentorship and  
the Medical Field

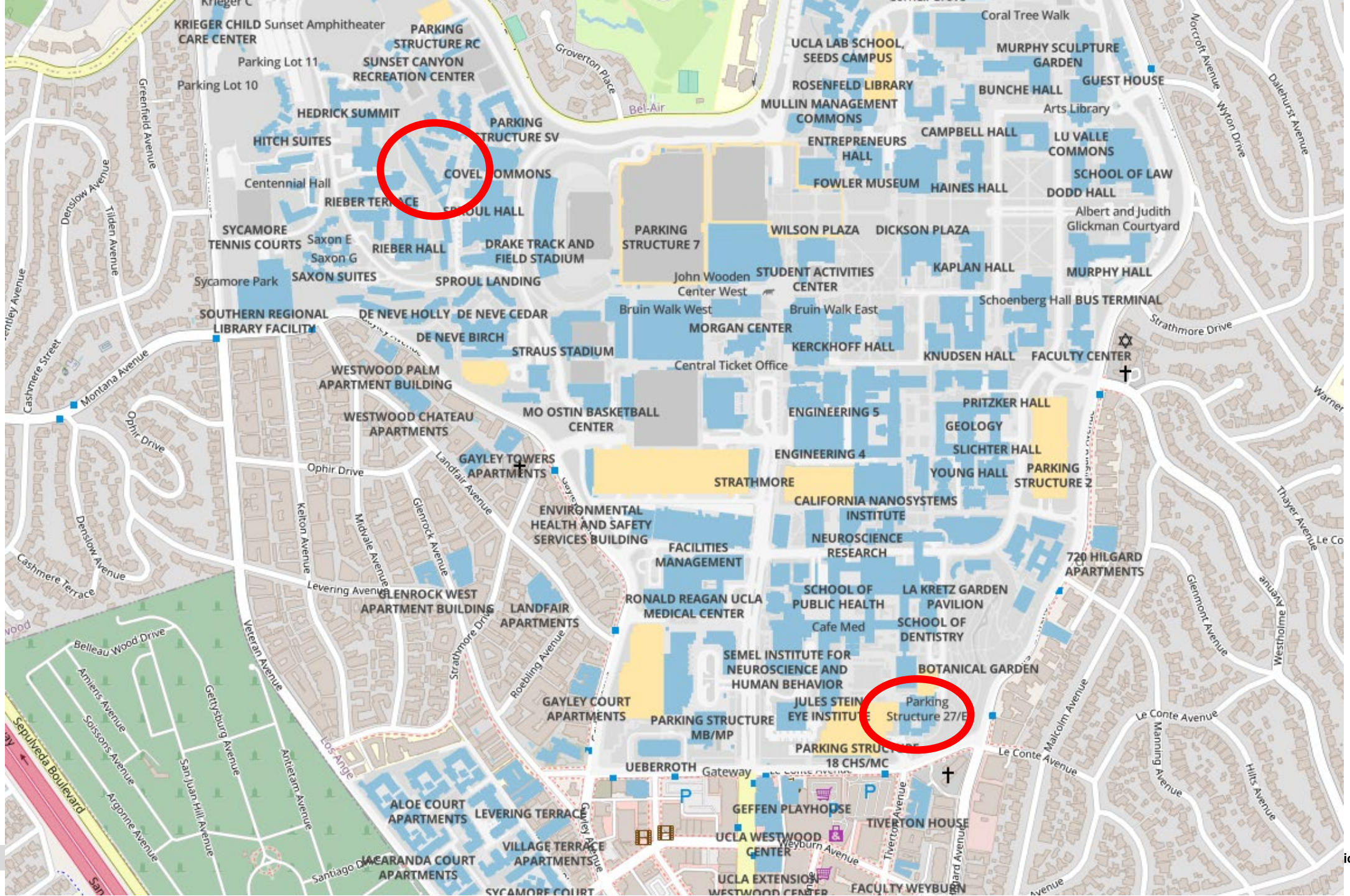


# Practical Experiences

- Pre-Health Fair
  - 2 Full Length MCAT Practice Exams
  - Mock Medical School Interviews (MMIs)
  - Simulation Activity
  - Team Building: Challenge Course
  - Problem Base Learning
-

	Mon, July 31	Tue, August 1	Wed, August 2	Thu, August 3	Fri, August 4
8:00 am	 8:00 am * MCAT Review	 8:00 am * MCAT Review	 8:00 am * MCAT Review	 8:00 am * MCAT Review	 8:00 am * MCAT Review
9:00 am					
10:00 am					
11:00 am	 11:00 am Break/Travel Time	 11:00 am Break/Travel Time	 11:00 am Break/Travel Time	 11:00 am Break/Travel Time	 11:00 am Break/Travel Time
12:00 pm	 12:00 pm Lunch	 12:00 pm Lunch	 12:00 pm Lunch	 12:00 pm Lunch	 12:00 pm Lunch
1:00 pm	 1:00 pm * UCLA Challenge Course	 1:00 pm * Health Disparities Project Lecture	 1:00 pm * Social Hour	 1:00 pm * Mental Health Is Your Wealth	 1:00 pm * TBD
2:00 pm		 2:00 pm * PBL Day 2	 2:00 pm * Portfolio	 2:00 pm * Academic Enrichment: Note Taking	 2:00 pm * PBL - Day 1
3:00 pm			 3:00 pm * Specialty Guest Speaker	 3:30 pm * Application Process: How To Tell Your Story	
4:00 pm		 4:00 pm * Wellness Topic	 4:00 pm * HDP Group Work	 4:30 pm * Large Group Check-in	 4:00 pm * Microaggression Workshop
5:00 pm					







# General Dorm Layout



## Plaza Double Room with Shared Bath

- Two bedrooms with two twin beds each
- Shared bath
- Available in Sunset Village, De Neve Plaza, Hedrick Summit, Rieber Terrace, and Rieber Vista
- Near to meeting spaces and residential restaurants, athletic fields and recreation facilities
- Complimentary WiFi
- In-room telephone
- Air conditioning

# What is Provided

- Pillow and pillowcase,
- Fitted Sheet
- Flat sheet
- Blanket
- Towel
- Toilet Paper

**Remember this is a 4 week in-person program**

# What to Bring

- Driver's license or Resident/State ID
- Student ID
- Linens / Towels
- Clothing
  - 2-3 sets of business casual clothing
  - Workout/swimming gear
- Comfortable shoes
- Laundry Detergent/Shampoo/Body Wash/Hand Soap/other toiletries
- Sunscreen
- Cash/Debit or Credit Card
- Copy of Transcript
- Computer/Laptop

# What **NOT** to Bring

- Firearms/weapons
- Drugs / Alcohol
- Halogen lamps
- Coffee makers
- Hot water dispensers
- Toasters / toaster ovens / Microwaves
- An appliance with open coils
- Candles/incense
- Pets
- Gas stoves/barbecues/grills
- Any flammable materials
- Gasoline or Fuel
- Flammables / Combustibles / Explosives
- Electric space heaters
- Air conditioning units
- Hoverboards
- Waterbeds / materials to make lofted beds
- Dartboards



# Guest Policies

Students are NOT allowed to have any visitors in their rooms unless agreed upon by roommates.

Non-PREP affiliated visitors are not allowed in the dorms.

- The only exception is move-in and move-out day

# All Policies

<https://reslife.ucla.edu/regulations> -

Policies are in your binder. You are responsible for knowing them

## **ALL POLICIES ROOT DOWN TO:**

- Respecting yourself
- Respecting one another and community
- Respecting the staff
- Respecting the building and campus

# Do we have access to the gym?

Yes. The John Wooden Center is a multi-faceted facility. It features 3 gymnasiums, basketball courts, indoor & outdoor weight training, stretching mats, stationary bicycles, stair climbers, treadmills, rowing machines, and a rock wall.

# I live in the Los Angeles Area. Can I go back home on the weekends?

If there are no activities scheduled by PREP on weekends you may spend your weekends as you like but will be expected to spend the night at the dorms.

If you will be going home for the weekend or will be spending the night away, you must fill out the **Weekend Away Form**.

# Is this an internship? Will there be shadowing experiences?

PREP is not an internship experience, it is an Academic Enrichment program

There are no shadowing experiences during the PREP program. Students will be able to be able to converse with physicians and students in panels and via the Longitudinal Mentorship Program

# Dress Code

Assessment of our professionalism begins with first impressions we make, including how we dressed. All students are expected to dress in professional manner and maintain a professional appearance at all times. In general, this means students should be dressed neatly and modestly.

## General Clothing Appearance Guidelines

- Clothes should be clean and scholars themselves should demonstrate good personal hygiene.
- Students are expected to maintain a professional appearance and are asked to wear clothes that are appropriate for a professional academic environment.
- Very short shorts/skirts, tank tops or muscle tee-shirts, sweatpants, work-out attires, provocative or overly revealing clothes, graphic tees with profanity, or other similar casual clothing is considered inappropriate.
- Specific events/activities would require a business casual clothing dress code.
- Hats, bandannas, sweatbands or headgear may only be worn indoors if required for medical, safety, religious or cultural reason.
- Appropriate footwear is expected

## Outreach & Pathway Programs

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# THANK YOU.