The 11th Annual UCLA Diabetes Symposium

Diabetes poses a major healthcare challenge given its rising prevalence, cost, and risk of chronic complications and co-morbidities. Healthcare providers are required to address these concerns in a changing landscape of therapy and technology where treatments for diabetes continue to expand. The annual UCLA Diabetes Symposium is a full-day CME program offering providers of varying backgrounds a chance to review optimal state-of-the-art patient care. Experts in the field will review current best practices, including updates in care, guidelines, and new medication classes, as well as address co-morbidities including cardiovascular disease and obesity.

Course Objectives

At the completion of this course, participants should be able to:

• Counsel patients with diabetes on cardiovascular disease prevention
• Understand the role of insulin, SGLT-2 Inhibitors
• Understand the risks and benefits of Incretin (GLP-1, GIP) medications used in type 2 diabetes mellitus
• Counsel patients on the benefits of continuous glucose monitoring
• Understand risks related to obesity as well as the treatment via medications and surgery
• Recognize the heterogeneity of diabetes and how an accurate diagnosis informs treatment

Target Audience

The UCLA diabetes program has been designed for physicians, nurse practitioners, physician assistants, certified diabetes educators, nurse educators, dietitians, pharmacists, and other healthcare practitioners whose practice includes care of patients with diabetes.
COURSE DIRECTORS

**Dianne S. Cheung, MD, MPH, FACE, ECNU**  
Associate Clinical Professor  
Division of Endocrinology, Diabetes & Metabolism  
UCLA Health—South Bay Endocrinology  
David Geffen School of Medicine at UCLA

**Matthew Freeby, MD**  
Associate Clinical Professor of Medicine  
Director, Gonda Diabetes Center  
Director, Diabetes Clinical Programs  
Division of Endocrinology, Diabetes & Metabolism  
David Geffen School of Medicine at UCLA

**GUEST FACULTY**

**Irl B. Hirsch M.D.**  
Teaching Chair  
Endocrine and Diabetes Care Center at UWMC-Roosevelt  
Professor of Metabolism, Endocrinology and Nutrition  
Seattle, WA

**Steven V. Edelman, MD.**  
Clinical Professor of Medicine  
Division of Endocrinology and Metabolism  
UC San Diego School of Medicine  
San Diego, CA

**Ken Fujioka, MD**  
Endocrinology, Diabetes and Metabolism  
Director Nutrition and Metabolic Research Center at Scripps Clinic  
San Diego, CA

**DAVID GEFFEN SCHOOL OF MEDICINE AT UCLA FACULTY**

**Dale Abel, MD, PhD.**  
Chair of the Department of Medicine  
David Geffen School of Medicine, UCLA

**Susan C. Ahern, DO**  
Endocrinology, Diabetes & Metabolism  
HS Assistant Clinical Professor, Medicine, UCLA

**Vivek Bose, MD**  
Endocrinology, Diabetes & Metabolism  
UCLA South Bay Endocrinology, Torrance, CA

**Ian A. Downs, MD**  
Endocrinology, Diabetes & Metabolism

**Erik P. Dutson, MD**  
Health Sciences Clinical Professor, David Geffen School of Medicine, UCLA Surgical Director, Center for Obesity and Metabolic Health (COMET), UCLA

**Yaroslav Gofnung, MD, FACE, ECNU**  
Associate Clinical Professor  
Division of Endocrinology, Diabetes & Metabolism  
UCLA Health—Calabasas

**Jeong-Hee Ku, MD**  
Endocrinology, Diabetes & Metabolism  
HS Assistant Clinical Professor, Medicine, UCLA

**Anthoney P. Heaney, MD, PhD.**  
Associate Professor, David Geffen School of Medicine, UCLA  
Gonda Diabetes Center

**Kyrstin L Lane, MD**  
Endocrinology  
Gonda (Goldschmied) Diabetes Center, Santa Monica, CA

**Robert L. Li, MD, PhD**  
Endocrinology  
Torrance, CA

**Vanessa A. Schmidt, MD**  
Assistant Clinical Professor  
Division of Endocrinology, Diabetes & Metabolism  
Department of Medicine  
UCLA Health – Gonda (Goldschmied) Diabetes Center, Santa Monica

**Na Shen, MD**  
Assistant Clinical Professor  
Director, Program for Reducing Obesity (PRO)  
Division of Endocrinology, Diabetes & Metabolism  
UCLA Health—Thousand Oaks

**Karol E. Watson, MD, PhD**  
Professor of Medicine/Cardiology  
Co-Director, UCLA Program in Preventive Cardiology  
Director, UCLA Barbra Streisand Women’s Heart Health Program  
John Mazziotta, MD, PhD Term Chair in Medicine

**Jennifer S. Way, MD, MBA**  
Endocrinology, Diabetes & Metabolism  
HS Clinical Instructor, Medicine, UCLA
Program Schedule

Saturday, November 18, 2023

7:00  Registration/Continental Breakfast/Exhibits

7:50  Introduction and Welcome
     Matthew Freeby, MD and Anthony Heaney, MD, PhD

Management of Diabetes and Related Disorders: Session I
Moderators: Robert Li, MD, PhD & Jeong-Hee Ku, MD

8:00  Cardiovascular Disease and Diabetes – An Update on Risk and Prevention
     Karol E. Watson, MD, PhD

8:40  What Every Clinician Needs to Understand About HbA1c
     Irl Hirsch, MD

9:15  Type 2 Diabetes Therapy: SGLT-2 Inhibitors
     Dianne Cheung, MD

9:50  Type 2 Diabetes Therapy: Incretins
     Matthew Freeby, MD

10:25 Break and Exhibits

Managing Diabetes and Related Disorders: Session II
Moderators: Susan Ahern, DO & Ian Downs, MD

10:40 Rapid Fire CGM Interpretation for Efficient and Effective Patient Care
     Steven Edelman, MD

11:20 Heterogeneity of Diabetes – Accurate Diagnosis Informs Treatment
     Kyrstin Lane, MD

12:00 Lunch and Exhibits
**Management of Diabetes and Related Disorders: Session III**  
**Moderators:** Vanessa Schmidt, MD and Yaroslav Gofnung, MD

1:00  Heart Failure in Diabetes - Pathophysiology and Implications for Screening and Treatment  
*Dale Abel, MD, PhD*

1:40  Delivery of High Quality Diabetes Care in Underserved Communities  
*Jennifer Way, MD*

2:20  Break and Exhibits

**Managing Diabetes and Related Disorders: Session IV**  
**Moderators:** Vivek Bose, MD and Na Shen, MD

2:35  Obesity Medicine: A New Era  
*Ken Fujioka, MD*

3:15  Obesity Management: The Surgical Approach  
*Erik Dutson, MD*

3:55  Closing Remarks

4:00  Adjourn
General Information

Conference Location
The Ritz-Carlton, Marina del Rey
4375 Admiralty Way
Marina del Rey, California 90292
310-823-1700

Hotel Accommodations
Please visit the Ritz Carlton-Marina del Rey website to make a reservation.
Please note that there is no room block for the course.

Parking
Valet parking is $18.00

Fees
Physicians: $175.00
Allied Health Professionals and Students: $150.00

Refunds
Cancellations must be received by email to ccpd@mednet.ucla.edu by October 27, 2023, and will be subject to a $75 processing fee. No refunds will be granted after that date. If, for any reason, the course must be canceled, discontinued, or rescheduled, a full refund will be provided.

Enrollment
Online
Visit https://events.medschool.ucla.edu/event/diabetes_symposium23 to enroll online. You may use your credit cards or choose the ACH option to process payment.*

*Credit card and check payments via phone, fax, or mail are no longer accepted.

Questions
If you have questions about enrollment, please email ccpd@mednet.ucla.edu or call (310) 794-2620.

Accreditation
The David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The David Geffen School of Medicine at UCLA designates this live activity for a maximum of 6.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure
The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We, at UCLA, fully endorse the letter and spirit of these concepts.