Aesthetic Eyelid and Facial Rejuvenation Course 2023

Friday–Saturday • July 14-15, 2023
UCLA Stein Eye Institute
UCLA Campus

PROGRAM CHAIRMAN
Robert A. Goldberg, MD

COURSE DIRECTORS
Daniel Rootman, MD
Jonathan A. Hoenig, MD

SHORR LECTURER
Tanuj Nakra, MD

LABORATORY DIRECTOR
Kelsey A. Roelofs, MD

DISSECTION VIDEO FEED MODERATORS
Steven Leibowitz, MD
Justin N. Karlin, MD
FRIDAY, JULY 14, 2023

Dissection Laboratory – (CHS 53-129)
7:00  Registration and Breakfast
7:55  Laboratory Course Introduction – Robert A. Goldberg, MD, Daniel Rootman, MD, Steven Leibowitz, MD, Justin N Karlin MD and Kelsey A Roelofs, MD

Anatomy
8:05  Upper and lower eyelid anatomy – Daniel B Rootman MD and Taras Gout, MD

Upper Blepharoplasty
8:10  Upper Blepharoplasty Anatomy and Incision Design – Tanuj Nakra, MD
8:20  Asian Blepharoplasty – Robert A. Goldberg, MD
8:30  Hands-On Cadaver Lab: Upper Blepharoplasty Occidental and Asian Blepharoplasty

Ptosis
9:00  Ptosis Videos – Justin Karlin, MD and Connie Sears, MD
9:10  Hands-On Cadaver Lab: Anterior and Posterior Approach Ptosis

Lower Blepharoplasty
9:50  Lower Blepharoplasty: Transconjunctival approach with Fat Repositioning – Kelsey Roelofs, MD
10:00 Lower blepharoplasty with simultaneous fat transfer – Kami Parsa, MD
10:15 Hands-On Cadaver Lab: Lower Blepharoplasty with Variations

Canthoplasty
11:10 Canthal Anatomy/Small Incision Canthoplasty Video – Robert A Goldberg MD and Katherine Lucarelli MD
11:20 Hands-On Cadaver Lab: Small Incision Canthoplasty
12:00 Lunch

Forehead and Mid-Face Lift
1:00  Upper and Midface Lift Anatomy/Video – Jonathan Hoenig, MD and Mehryar Taban, MD
1:10  Hands-On Cadaver Lab: Endoscopic Upper and Midface Surgery, Direct Eyebrow Approaches

Fat Transfer
2:00  Harvesting, processing, and injection techniques – David Isaacs, MD
2:10  Hands-On Cadaver Lab: Fat transfer

Suture Lifts
2:40  Techniques for Suture Lifting with Video – Robert A Goldberg MD
2:50  Hands-On Cadaver Lab: Suture lifts – Kian Karimi MD

Special Procedures – break out tables
3:40 – 4:30
Medial Canthoplasty  Daniel Rootman MD
Cheiloplasty  Jason Roostaeian MD
Earlobe reduction  Kelsey Roelofs MD
Facial filler injection  Robert Goldberg MD
4:30  Adjourn

SATURDAY, JULY 15TH, 2023 - UCLA STEIN EYE INSTITUTE, RPB AUDITORIUM

7:30  Registration and Breakfast
8:00  Introduction – Robert A Goldberg, MD
8:05  Individualized assessment and planning for aesthetic rejuvenation – Robert A. Goldberg, MD

Upper Blepharoplasty and Ptosis
8:30  My Secrets to Success in Upper Blepharoplasty: Patient Selection and Surgical Planning – Rona Silkiss, MD
8:40  Local anesthesia and minimal cautery for office-based blepharoplasty – Robert A Goldberg, MD
8:50  Cosmetic Ptosis Surgery: control of symmetry, TPS and contour – Daniel Rootman, MD
9:20  Sub-eyebrow approach to upper blepharoplasty – Taras Gout, MD
9:30  Transposition upper blepharoplasty: technical tips and pearls for patient selection – Tanuj Nakra, MD
Aesthetic Eyelid and Facial Rejuvenation Course

9:37  Epicanthoplasty – Tomoyuki Kashima, MD
9:45  Sutureless MMCR: An efficient alternative? – Connie Sears, MD
9:48  Non-surgical management of ptosis – the role of Upneeq in my practice – Raymond Douglas, MD, PhD
9:53  Hot tip: my number 1 pearl for achieving natural upper blepharoplasty result – Guy Massry, MD
10:03  Questions and Answers
10:15  Coffee Break and Exhibits

Lower Blepharoplasty and Mid-face Rejuvenation
10:30  Best surgical techniques from 30 years of lower blepharoplasty – Michael J. Groth, MD
10:40  The Unhappy Post-blepharoplasty patient – Robert A. Goldberg, MD
10:47  Pearls for periorbital fat transfer – Kelsey A. Roelofs, MD
10:54  Facial implants – optimizing patient selection and outcomes – Simon Madorsky, MD
11:01  Special considerations for lower eyelid & mid-face rejuvenation in patients with prominent globe morphology – Raymond Douglas, MD, PhD
11:08  My approach to mid-face rejuvenation with filler – Rebecca Fitzgerald, MD
11:18  Conservative management of mild lower eyelid malposition following blepharoplasty – Robert A. Goldberg, MD
11:23  My preferred technique for skin excision during lower blepharoplasty – Kelsey A. Roelofs, MD
11:26  Hot tip: my number 1 pearl for optimizing lower blepharoplasty results – Kami Parsa, MD
11:33  Questions and Answers
11:40  Introduction of the Inaugural Norman Shorr Lecturer – Robert A. Goldberg, MD
11:45  Norman Shorr Lecture – Tanju Nakra, MD
12:10  Lunch

Skin Treatments and Injectables
1:00  Blindness after blepharoplasty and fillers: Etiology and Management – Justin Karlin MD & Daniel Rootman MD
1:20  Update on dermatologic treatment of periorbital aging skin – Jenny Kim, MD
1:30  Treatment of filler-related chronic edema – Kami Parsa, MD
1:37  Observations on Facial Aging and Fat Grafting – Val Lambros, MD, FACS
1:45  Questions and Answers

Panfacial Considerations for Harmonious Rejuvenation
1:55  Understanding the Eyebrow and its Role in Facial Aesthetic – Danica Fiaschetti, LVN, COA
2:02  Facial rejuvenation update – what’s new in my practice in 2023 – Jason Roostaeian, MD
2:09  Practical techniques to preserve and enhance the earlobe – Kelsey Roelofs MD
2:14  What role do threads play in my practice? – Kian Karimi, MD
2:24  Sub-mental Liposuction – Irene Kim, MD
2:34  Hot tip: my number 1 recommendation to screen for body dysmorphic disorder in your practice – Jason Roostaeian, MD
2:41  Questions and Answers
3:00  Coffee Break

Cosmetic Consultations
3:30  Live: Botulinum Toxin and Fillers
Live demonstrations of injection techniques at two simultaneous stations, with video feed and commentary
Moderator: Cynthia Boxrud, MD
Faculty Injectors: Robert A. Goldberg, MD, Rona Silkiss, MD, Christopher Lo, MD and Kelsey A. Roelofs, MD
4:00  M & M from Fellows Conference: The Worst Complications of the Year and How They Were Managed – Katherine Lucarelli, MD, Connie Sears, MD and Tarus Gout, MD
Faculty Comments and Pearls for Managing Complications – Daniel B Rootman, MD, Robert A Goldberg, MD and Justin Karlin MD
4:30  Final Questions and Answers
4:45  Adjourn
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Tokyo, Japan
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Los Angeles, California
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Los Angeles, California
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Los Angeles, California
Rebecca Fitzgerald, MD
Los Angeles, California
Kami Parsa, MD
Los Angeles, California

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Jason Roostaeian, MD
Connie Sears, MD
Pallavi Singh, MD
Kenneth Steinsapir, MD

ACCOMMODATIONS

W LOS ANGELES – WESTWOOD HOTEL:
930 Hilgard Avenue
Los Angeles, California 90024
Within walking distance
Reservations: 1-800-877-W-HOTELS

LUSKIN CONFERENCE CENTER:
425 Westwood Plaza
Los Angeles, California 90049
Within walking distance
Reservations: 855-522-8252

DIRECTIONS
Conveniently located on the UCLA campus at the corner of Westwood Boulevard and Le Conte Avenue, the UCLA Stein Eye Institute, 100 Stein Plaza, Los Angeles, California 90095 is easily accessible from all points in Southern California. It is approximately 15 miles from the Los Angeles International Airport. Parking is available for $14 per day.

FROM THE SAN DIEGO FREEWAY (405)
Take Wilshire Boulevard off ramp east (toward Westwood Boulevard). Turn left onto Westwood Boulevard from Wilshire. After crossing Le Conte, turn right onto Stein Plaza. Parking is located immediately to the right (adjacent to the Doris Stein Eye Research Center) as you turn onto Stein Plaza.

AIRPORT SHUTTLE SERVICE
Prime Time (800) 262-7433
Skycar (310) 306-3554
Super Shuttle (310) 532-5999

TAXICABS
Beverly Hills Cab Co. (310) 273-6611
Checker Cab Co. (800) 300-5007
United Independent (310) 278-2500
REGISTRATION
Aesthetic Eyelid and Facial Rejuvenation Course 2023

Registration Fees (Includes continental breakfast and lunch):

- Friday and Saturday – Fresh Cadaver Surgery Procedure Workshop and Didactic Session $2,745
- Friday and Saturday – Moderated High Definition Video Feed of Dissection Lab and Didactic Session $1,070
- Saturday Only – Live In-Person Didactic Session $495
- Saturday Only – Live Virtual Didactic Session $495
- Saturday Only – Live In-Person or Virtual Didactic Session Resident and Fellow Pricing $200

Cancellation Policy:
Request for refunds must be received by email to ccpd@mednet.ucla.edu no later than June 16, 2023 and will be subject to a $75 processing fee. No refunds will be given after that date. If for any reason the course must be cancelled, discontinued, or rescheduled, a full refund will be provided.

Enrollment: We accept Visa, MasterCard, American Express, and Discover credit cards.

To register using a credit card or ACH/electronic transfer, please visit: https://events.medschool.ucla.edu/event/aesthetic23.

*Credit card and check payments via phone, fax, or mail are no longer accepted.

Questions:
If you have any questions about enrollment, please call (310) 794-2620 or email: ccpd@mednet.ucla.edu

ACCREDITATION
The David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The David Geffen School of Medicine at UCLA designates this live activity for a maximum of 14.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DISCLOSURES
The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of this concept.
Aesthetic Eyelid and Facial Rejuvenation Course

FRIDAY, July 14, 2023
UCLA Stein Eye Institute, 53-129 CHS, Dissection Laboratory – 7:00 am - 4:30 pm

The dissection workshop focuses on anatomic and surgical pearls of core aesthetic surgical procedures such as upper and lower blepharoplasty, Asian blepharoplasty, forehead lift, midface lift, and canthoplasty options. The various procedures will be reviewed in step-by-step fashion, utilizing a detailed dissection manual, bullet point surgical videos, and prosections by faculty experts. A limited enrollment will promote close interaction between participants and faculty so that each participant can perform the procedures on cadavers, with faculty guidance.

Due to popular demand, we have once again added a live audio visual feed of the aesthetics dissection course. The course directors, faculty, and guest faculty are “miked up” and seen in high definition performing the dissections from our Friday dissection course in our audio visual suite. The live audio visual suite also receives all the live lectures given in the laboratory. A faculty monitor will be present at all times in the audio visual suite to relate your questions to the “miked up” faculty. Then the same faculty will also come to the audio visual suite to lead further discussion. Both the faculty and the attendees have raved about this experience.

SATURDAY, July 15, 2023
UCLA Stein Eye Institute, RPB Auditorium – 7:30 am - 5:00 pm

The second day of the course will be didactic, covering the nuances of technique that are critical for achieving the elegant results demanded by today’s sophisticated patients. This course brings together innovative experts in aesthetic oculoplastic surgery to share their experiences, techniques, and pearls.

A range of talks will be given covering blepharoplasty, aesthetic ptosis surgery, fat transfer, skin treatments and injectables. Course participants unable to attend the first day of the course are welcome for the second day.
Course Description
This course is a tightly focused survey of surgical and non-surgical options for periorbital and facial rejuvenation. The multidisciplinary faculty, renown experts in their fields, focus on practical techniques and conceptual pearls designed to send participants home with tools that they can immediately apply to their own practice.

Objectives
At the conclusion of this program participants will be able to:

- Recognize and be familiar with the palate of options, evaluation, and decision making for non-surgical aesthetic facial rejuvenation.
- Practice safe techniques of aesthetic upper eyelid surgery and aesthetic lower eyelid surgery.
- Identify the principles of midface rejuvenation with a review of the anatomy and physiology as it relates to safe procedures.
- Assess the relevant anatomy and potential anatomic danger areas related to surgical rejuvenation of the orbit, face and neck.
- Avoid surgical complications or provide appropriate management of complications.
- Refer to practical course material and feel comfortable incorporating new techniques safely and conservatively into their own practice.
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