

CANCER IS THE 2nd MOST COMMON CAUSE OF DEATH IN THE UNITED STATES?

DID YOU
KNOW...



...AND THIS **RISK** MAY BE **HIGHER**
IN BIPOC (BLACK, INDIGENOUS AND
PEOPLE OF COLOR) COMMUNITIES
DUE TO FACTORS SUCH AS:

- ACCESS TO HEALTHCARE
- ENVIRONMENTAL CONDITIONS
- INSTITUTIONAL RACISM

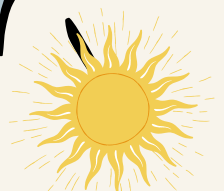
**SO WHAT CAN
YOU DO TO
REDUCE YOUR
RISK OF GETTING
CANCER?**



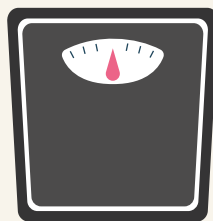
AVOID
TOBACCO



LIMIT ALCOHOL
CONSUMPTION



PROTECT YOUR
SKIN FROM UV
RAYS



MAINTAIN A
HEALTHY
WEIGHT



GET VACCINATED
AGAINST HPV AND
HEPATITIS B



GET
SCREENED



AMERICAN CANCER
ASSOCIATION SCREENING
GUIDELINES



AMERICAN CANCER
ASSOCIATION - CALIFORNIA
RESOURCES