UCLA Health | David Geffen School of Medicine

Partners in Health

Engaging with the Community

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Engaging with the community

UCLA Health
David Geffen School of Medicine

We are not just a place. We have a spirit and a drive to bring life-changing discoveries and care to the world. But just as important as the world stage are the neighborhoods and communities all around us. We live and work in the midst of one of the most vibrant and diverse populations anywhere. And it's here that the spirit of UCLA can be seen every day.

That's what community engagement is all about — leaving the confines of campus walls for the unlimited possibilities of healthier neighborhoods, families and futures.

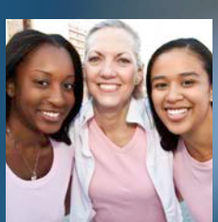
By reaching out and partnering with community organizations, schools and volunteers, we're also discovering and encouraging the next generation of healthcare professionals.

Today, community engagement is — along with teaching, patient care and research — among the core missions of UCLA Health and the David Geffen School of Medicine. And like so much of our work, it is possible only through the creativity and generosity of our community.

For more on our community engagement projects, visit uclahealth.org/community

Serving the underserved

Lack of adequate healthcare hits close to home. The lack of proper medical resources in many of our communities is a huge problem that affects us all. UCLA staff and students are doing something about it. By working with communities and organizations throughout the region, we're seeking to make a real difference in the lives of those who need it most. The programs have many names and many faces, but the principle behind them is always the same: take world-changing medicine and apply it locally.



Care Harbor

One weekend, thousands of healthier lives.

Each year since 2009, UCLA physicians, dentists, nurses, ophthalmologists, students and staff provide free screenings and care to underserved Los Angeles residents. During last year's four-day event at the Los Angeles Sports Arena in Exposition Park, nearly 3,000 men, women and children received free medical care. Volunteer staff members filled cavities, provided mammograms and cancer screenings, as well as glaucoma and cataract screenings. It's one event where patients and medical staff alike are positively impacted.

Here, the most popular seat is often a dentist chair.

According to Edmond Hewlett, DDS, professor of restorative dentistry and associate dean of Outreach and Diversity, Care Harbor's dental services are especially popular with patients. "Lack of access to dental care is a huge problem in our state and country", he says. The 40 dentist chairs on the floor arena stay full, providing patients with fillings, extractions, crowns, root canals, biopsies and even removable partial dentures.

"Being able to reach so many people in need at one event was a great opportunity."

— Brandi Lewis
Student,
UCLA School of Dentistry

Venice Family Clinic

Partners for better care and better caregivers.

Even in California, you'd be hard-pressed to find a community as diverse and unique as Venice. Since 1970, the Venice Family Clinic has offered free services as wide-ranging as its residents' interests and talents.

Now the largest free clinic in the nation, the Venice Family Clinic provides quality healthcare to more than 25,000 patients annually in Venice and surrounding areas. Approximately 150 UCLA residents and faculty members in primary-care fields provide more than 4,700 volunteer hours. In addition, more than 200 medical students and undergraduate students also volunteer their time here. UCLA hospitals donate radiology, laboratory, surgical, emergency and other clinical services. In return, the Venice Family Clinic offers a respected and valued training center for 44 UCLA programs, including medicine, mental health, social work, nursing, pharmacy, public health and administration, and integrative medicine.

Taking UCLA discoveries beyond campus walls.

UCLA faculty and staff volunteers are an integral part of the Venice Family Clinic. The clinic cares for patients at eight sites in Venice, Santa Monica, Mar Vista, Inglewood and Culver City. In addition to primary medical, dental, vision and mental-health services, Venice Family Clinic also offers HIV/AIDS prevention and treatment, domestic-violence screening and intervention, nutrition and exercise classes, obesity prevention, chronic-pain and stress management and child-development services. The partnership between UCLA and Venice Family Clinic is a valuable resource to the community and to medical students and residents.

For more information, go to venicefamilyclinic.org

In Venice, you'll find a model for healthcare as unique as the community it serves.

Magnolia Community Initiative

Helping young lives bloom in the middle of the city.

In the low-income Los Angeles neighborhoods of West Adams, Pico Union and the North Figueroa Corridor, the Magnolia Place Project seeks to nurture the area's 35,000 children. In seeking to create healthier lifestyles and surroundings for children and the community as a whole, the Magnolia Place Project teams with UCLA for research, information and practical tools for success. The UCLA Clinical Translational Science Institute is teaming investigators from the David Geffen School of Medicine with community partners to apply the latest research in health behaviors, healthcare and community mobilization. This unique program puts the latest medical discovery to use in neighborhoods where the stakes are often at their highest.

"UCLA is one of our core partners in how we measure progress, success and how we look at longer-term outcomes."

— Lila Guirguis
Director,
Magnolia Community Initiative

Community Partners in Care

Joining together to overcome depression.

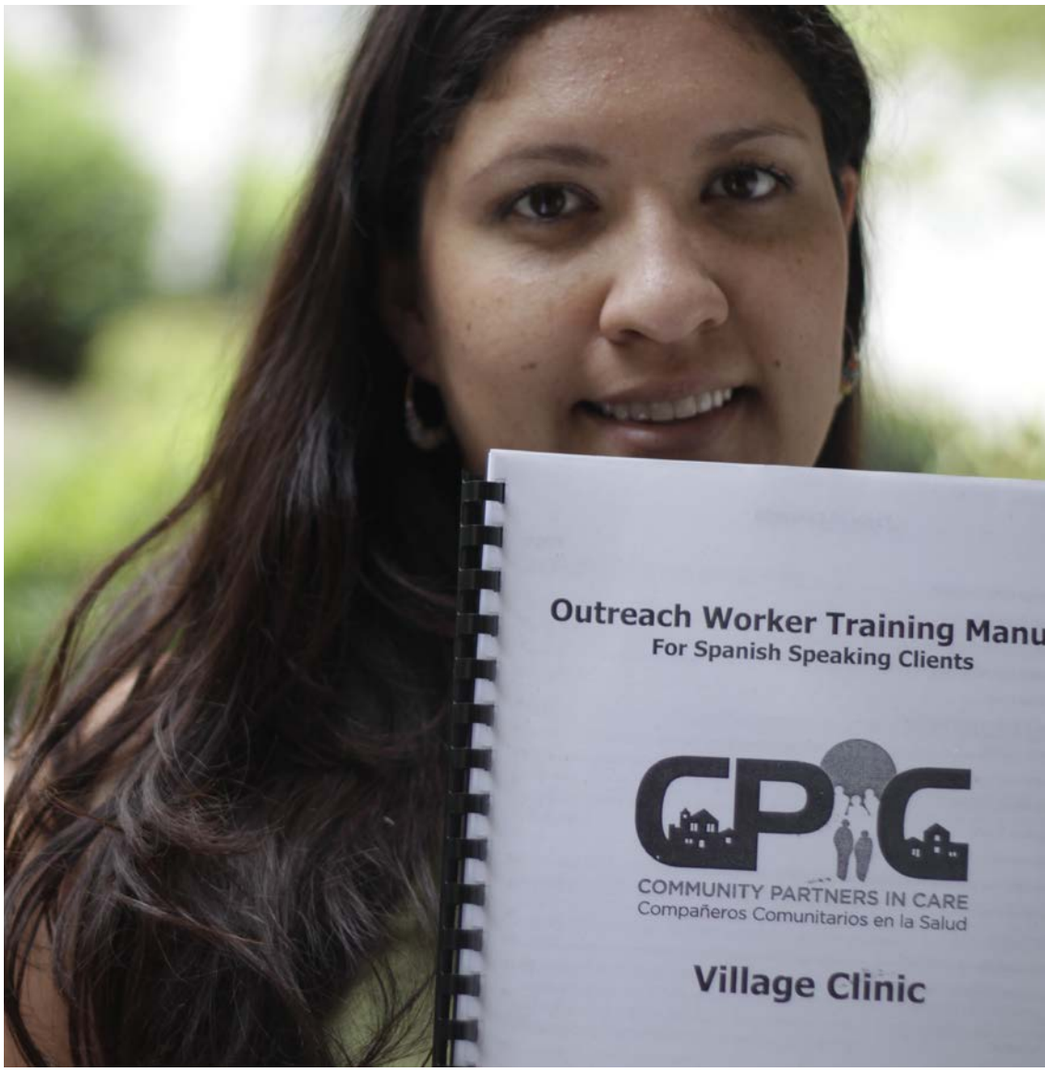
A difficult and debilitating disease is an even tougher adversary in low-income communities. UCLA and others are joining the fight.

The pressures of life in very difficult economic circumstances can often contribute to higher rates of clinical depression. That's why UCLA's Center for Health Services and Society is joining with other organizations to reduce that burden. This alliance, which includes Santa Monica-based think-tank RAND and 95 other community-based agencies, is known as Community Partners in Care (CPIC).

CPIC is a five-year collaborative research project aimed at reducing depression in underserved communities and improving depression care in primary-care, mental health, substance-abuse, homeless, faith-based and community-trusted settings. Lessons learned from the research will be offered to the community through a series of workshops. CPIC received the 2014 Team Science Award, the first applied-research team to win this recognition.

While depression affects all socioeconomic groups, it can be especially devastating to those without the resources to seek proper care. CPIC is working to "bridge the gap" by improving access to depression care through community-based organizations. No one should have to battle depression alone. Community Partners in Care is working to make certain no one ever has to.

CPIC is working to improve access to depression care, especially in low-income, minority populations in South Los Angeles and the Hollywood/Metro area.



Driven to change the future

We often hear organizations talk about “mobilizing” resources. At UCLA, mobilization of resources isn’t just a phrase, it’s a quite literal description of several programs that take medical care, screenings and preventive tests to areas that might otherwise not be reached. It’s one thing to talk about better care for all — mobile care is where the rubber meets the road.

BRUINS
EST. 1929

Breathmobile

Always moving, never out of breath.

Mattel Children's Hospital UCLA partners with other area organizations to diagnose and manage asthma in children and reduce emergency room visits.

This asthma clinic on wheels travels to approximately 25 schools, concentrating on low-income, uninsured youngsters who usually receive medical care only in emergency rooms. The Breathmobile is staffed by board-certified allergists, nurses, respiratory therapists and patient-service workers, who offer a variety of tests, medicines and therapies to patients.

The Breathmobile makes return visits to the schools every few weeks. The results are fewer emergency visits, improved pulmonary function, less school absenteeism and an improved quality of life.

"Often, patients with mild and moderate asthma have control over the ailment after only two or three visits by the Breathmobile."

Thanks to the Mobile Clinic, UCLA students, faculty and staff are bringing desperately needed health services to the streets.

UCLA Mobile Clinic

Bringing healthcare and hope to the homeless.

In 1999, volunteers with the Greater West Hollywood Food & Health Coalition reached out to UCLA. The Mobile Clinic's been reaching the homeless ever since.

Every week, the UCLA Mobile Clinic brings desperately needed healthcare and social services to the homeless and indigent in four locations in West Hollywood and Santa Monica. Originally begun as a project of the UCLA School of Public Health, the project has since grown to include volunteer students from the schools of medicine, public health, law, and letters and science to assist with medical, legal and social needs.

Students run the Mobile Clinic, with supervision by an attending physician. Volunteers record medical histories, provide treatment or referrals, dispense medication and supplies, and offer assistance with legal or social issues. Services range from basic checkup and disease prevention and education to treatment of cuts, infections and coughs.

In addition, the Reproductive Health Outreach Project operates out of Common Ground, an HIV testing and treatment center, educating clients about sexual and reproductive health issues.

For more information on how the UCLA Mobile Clinic Project and other organizations are getting healthcare to the homeless, visit mcp.ucla.edu

UCLA Mobile Eye Clinic

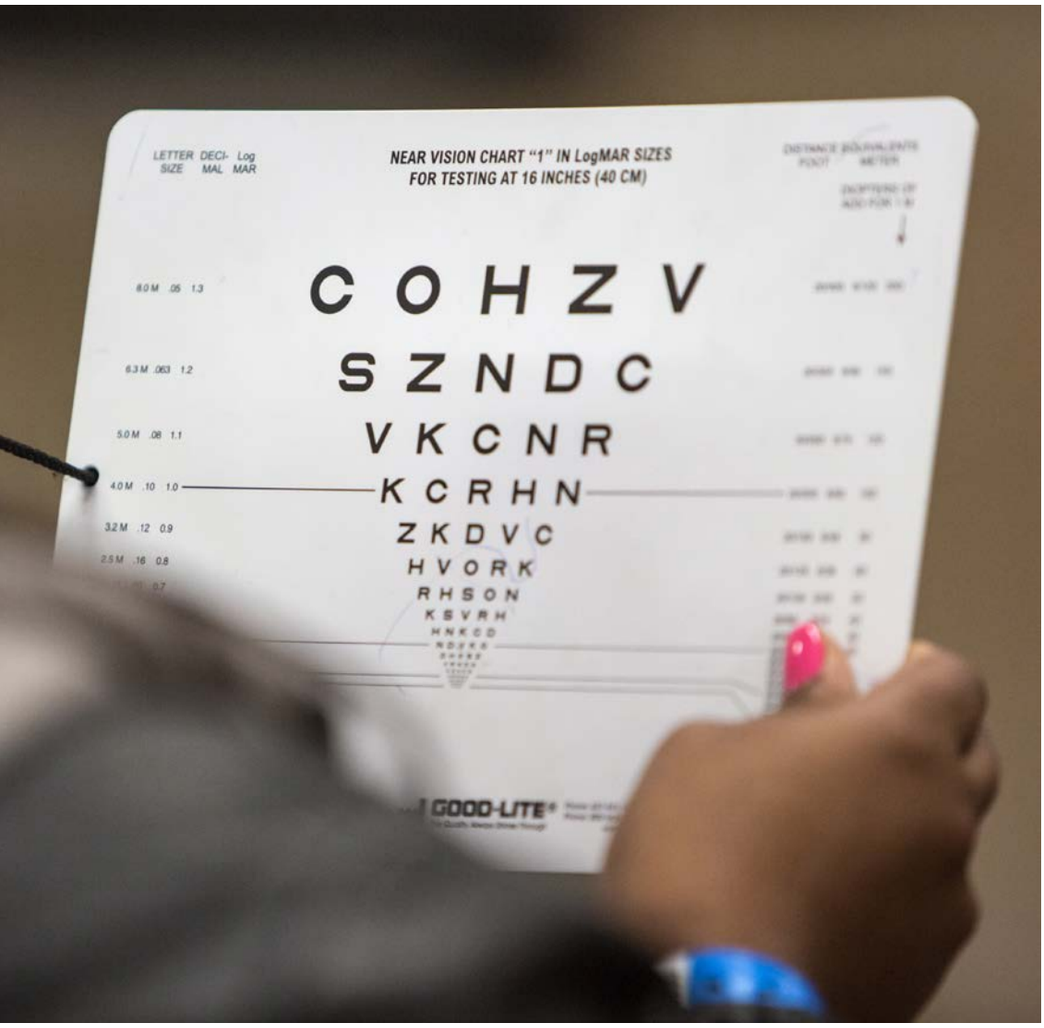
A project with an eye to the future.

Specially equipped on-board exam rooms allow staff volunteers to bring better vision to many neighborhoods.

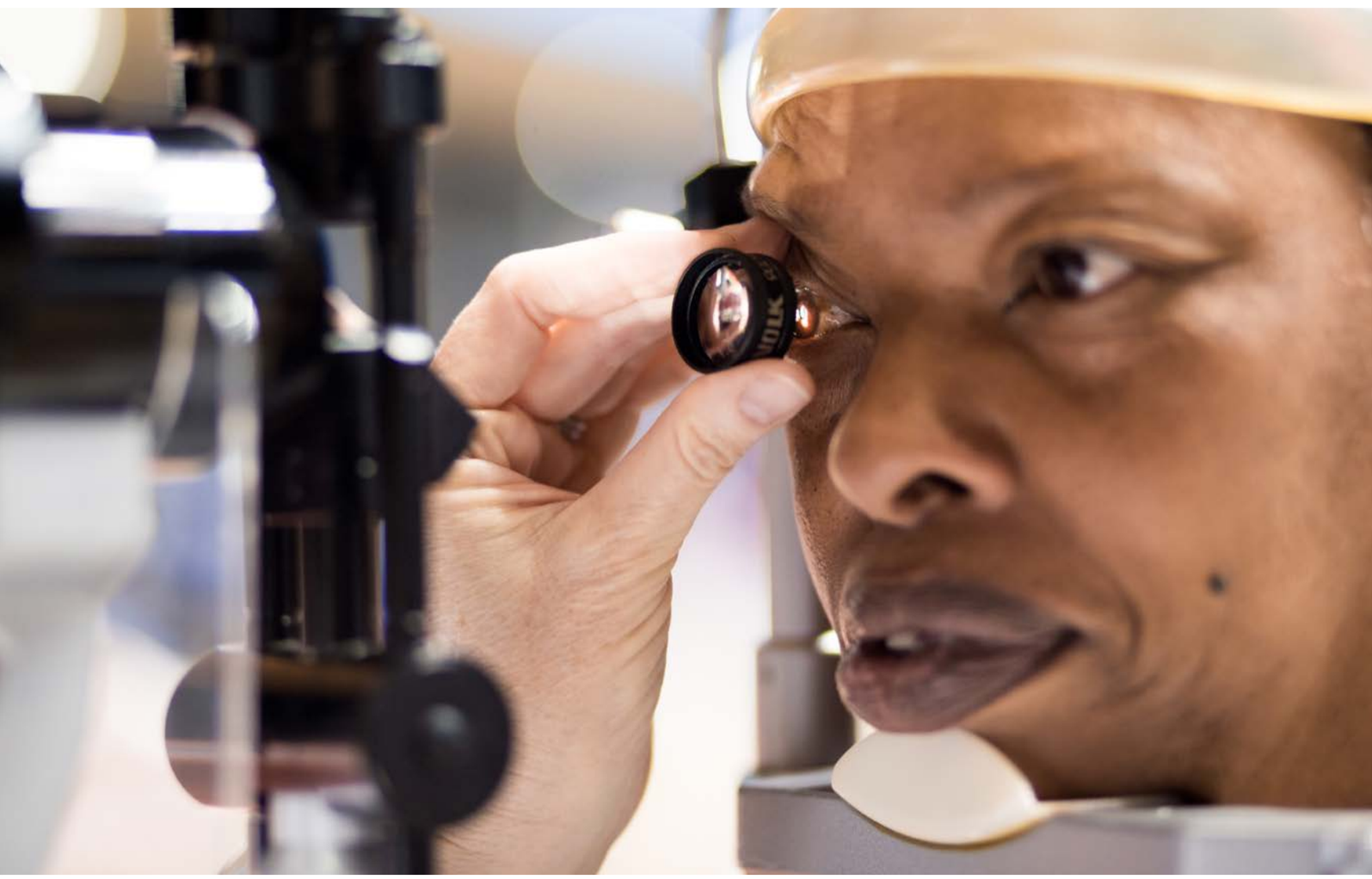
Working for the Stein Eye Institute at UCLA doesn't just involve working on the latest in eye care research. Often it means taking UCLA's Mobile Eye Clinic throughout the area to offer exams in underprivileged neighborhoods.

Visits are made to schools, preschools, free clinics, community centers and agencies that serve the homeless and low-income families. Vision screening and eye exams are also provided at health fairs organized by medical students, undergraduate clubs, governmental offices, nonprofit organizations and churches.

Established nearly 20 years ago by an anonymous donor, the UCLA Mobile Eye Clinic was one of the first programs of its kind and the longest continuously operating eye clinic on wheels. And though the vehicle itself has changed and improved over the years, the vision that began in 1975 keeps on rolling today.



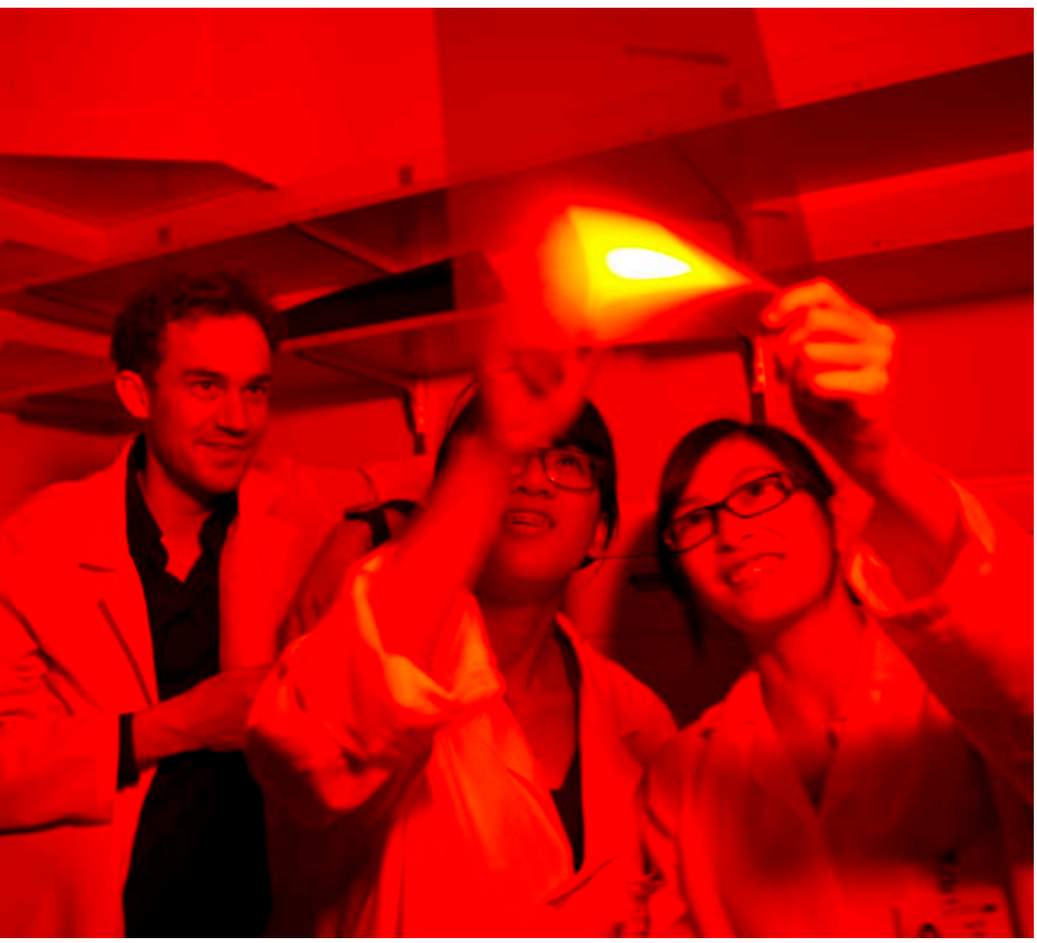
Operated by the Stein Eye Institute, the UCLA Mobile Eye Clinic is the longest continuously operating eye clinic on wheels.



Preparing for the future of medicine today

The world looks to UCLA for the newest medical discoveries. But many of the most important discoveries we make don't happen in a laboratory. They happen in the classroom. And in young minds. Inspiring and mentoring the next generation of medical professionals is essential. And it's an important part of our community outreach.

UCLA
RITA
BAUMGARTNER
UCLA



In many less wealthy neighborhoods, there are often very few doctors or health professionals who came from that community. The Pipeline Program is helping change that.

Pipeline Program

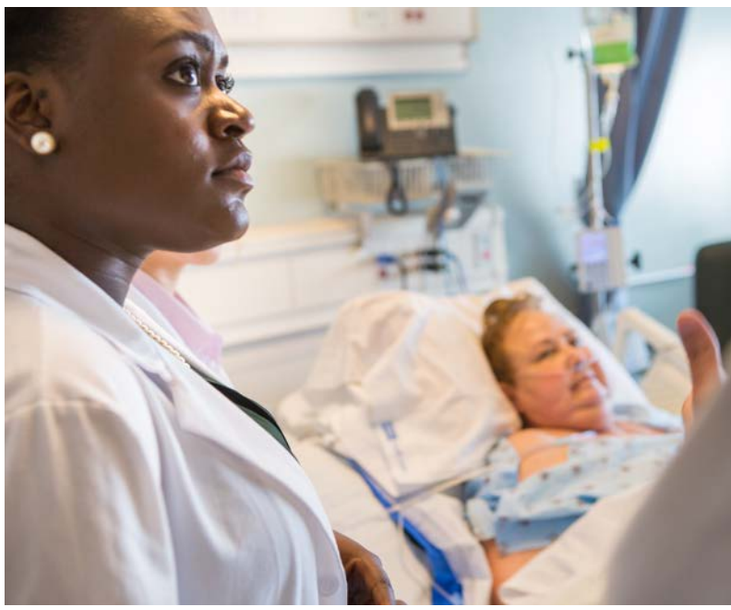
Making dreams reality.

This UCLA program provides scholarships, mentoring and tutoring to help students from underprivileged communities enter the medical profession.

UCLA'S Pipeline Program is actually a group of several programs that identify, encourage and aid students who might not otherwise think a career in medicine is a reachable goal. Given the wide diversity of people in the Los Angeles area, UCLA seeks to reflect that diversity in its workforce. By reaching out to high school and college students, promising students are identified and made aware of opportunities in healthcare. This often includes shadowing and internships, course counseling and help with studying for medical school entrance exams.

UCLA PRIME, a five-year dual degree program, develops leaders in medicine who will address policy care and research in healthcare for the underserved. The Charles R. Drew/UCLA Medical Education Program provides training in the scholarly and humane aspects of medicine to develop future healthcare leaders who will advance overall health in underserved communities in the United States and abroad.

In medicine, the greatest discoveries are often simply a widening of possibilities. Through the Pipeline Program, we're widening those possibilities for all of us.



UCLA Workforce Toolkit Program

Inspiring tomorrow's health professionals.

UCLA's Toolkit Program provides school counselors and teachers with the resources to educate students about career possibilities and choices.

As students prepare for the next chapters of their lives, they're faced with the daunting question: "What am I going to do with my future?" The Toolkit helps educators show students the many possibilities a career in healthcare offers, including specific opportunities available and how to go about making those opportunities a reality.

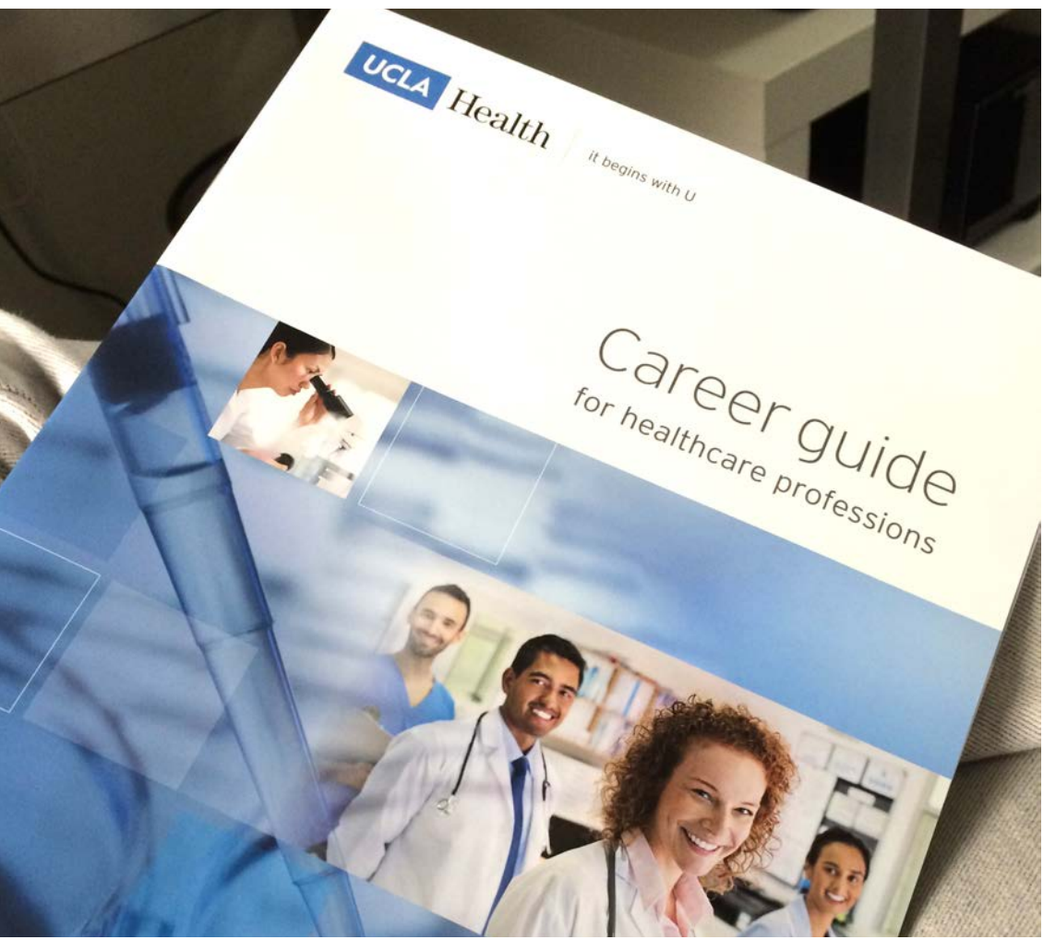
Designed to explain healthcare professions in a way students can understand and relate to, the Toolkit utilizes a four-step plan to guide student-teacher/counselor discussions:

1. Explain what the professions do.
2. Discuss how much various careers pay.
3. Tell how much education is needed.
4. Show which schools offer the education needed.

The Toolkit also encourages educators to speak with the students about the importance of actually experiencing these professions through "shadowing" or volunteer opportunities at UCLA and other health organizations. More than 15,000 high school students will receive the toolkit each year.

The future of healthcare is only as promising as those who carry on the vital jobs required. The UCLA Workforce Toolkit offers a way to ensure that future.

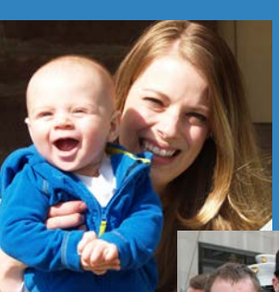
The toolkit can be found online at uclahealth.org/community



Healthcare's most important resource is people. The Toolkit Workforce Program is a practical way to identify and diversify the next generation of health professionals.

Serving those who serve

UCLA is at the forefront of utilizing the latest in medical discovery to help wounded veterans return to normal and productive lives. Just as important, we're working to treat not just the physical wounds but also the emotional impacts that can often endure long after a deployment ends.



UCLA Health System
UCLA Health System
OPERATION
MEND
HEALING the WOUND
of WAR

Operation Mend

Healing body, mind and spirit.

Putting the skills of UCLA physicians to work in a comprehensive and collaborative approach to healing U.S. military personnel wounded and disfigured in Iraq and Afghanistan.

This pioneering Operation Mend program was established in 2007, based on the vision of Ronald Reagan UCLA Medical Center Board and Executive Committee member Ronald A. Katz and his wife, Maddie. The original mission was to give returning service members with severe facial injuries access to the Army's best burn center and the nation's best plastic and reconstructive surgeries.

A partnership was formed with the leading burn unit at Brooke Army Medical Center in San Antonio and the V.A. Greater Los Angeles Healthcare System to coordinate facial reconstruction surgeries. The program has since expanded to mental health support for veterans and their families, orthopaedic reconstruction for severely damaged limbs, the design of prosthetic ears, otolaryngological care, the repair of airways, and urologic and reproductive system treatment.

Since its inception, Operation Mend has treated more than 100 men and women from all branches of the military, rebuilding not just bodies, but hope for the future. For more information, go to operationmend.ucla.edu

For many wounded military personnel, the battle continues long after their return home. UCLA is proud to serve those who've served.

The FOCUS Project

Providing preventive tools for military families.

As in physical health, preventive measures are always best when it comes to dealing with the emotional and mental difficulties of long deployments and family separations. The FOCUS Project helps families better manage adversity.

By using an approach called "indicated prevention," UCLA mental health professionals work with families to manage the stressful times before there is an actual clinical need. Over the course of eight weeks, families meet with FOCUS providers for a "resilience" assessment that screens for many issues known to affect military families. Family members are then given tools and techniques to address and deal with their stress. Program outcomes demonstrate improvements in family communication, reduction in anxiety and depression in adults and fewer behavior problems with children. The program has been very well received by the military, and efforts are now under way to expand the program and adapt it to those who have already returned home. And while there will always be unique difficulties associated with military life, FOCUS is one way UCLA is giving back to those who sacrifice so much for us all.

"Often, these families have never really discussed some of the difficult things they've been through."

— Patricia Lester, MD
Director,
Nathanson Family Resilience Center
Co-developer, FOCUS Project

Other UCLA Programs

Where there's a need, you'll find us.

The depth and breadth of UCLA Community Engagement efforts are as varied as the people who live in our region. Encompassing all economic, demographic and cultural groups, each program represents a path to better life and health for all of us. The following is a summary of some of these other important initiatives.

CCTC

Connecting Californians to Care

Connecting Californians to Care (CCTC) is a student-run organization that provides outreach, enrollment assistance and education about healthcare opportunities that are available through Covered California, California's health exchange. A partnership among UCLA, USC and various certified-enrollment entities, including the Saban Community Clinic and the Venice Family Clinic, CCTC is a diverse organization of more than 200 medical and public-health students across Southern California.

California has more than 7 million uninsured individuals representing 20 percent of the state's population. Covered California's mission is to reduce this number of uninsured to improve healthcare coverage, achieve better health outcomes and ultimately reduce healthcare spending. One of the major challenges Covered California faces is limited public knowledge of the new health insurance coverage options.

The objectives of CCTC include providing information to community members on healthcare coverage opportunities available through Covered California and Medi-Cal, and training outreach volunteers as Certified Enrollment Counselors (CECs), who will be authorized to enroll individuals into Covered California.

For more information, go to: medstudent.ucla.edu/students/wordpress/ama/?page_id=315

CHIPTS

Center for HIV Identification, Prevention and Treatment Service Community Initiative

The Center for HIV Identification, Prevention and Treatment Service Community Initiative (CHIPTS) aims to expand and share knowledge about HIV, search for a better understanding, disseminate information about the disease and use knowledge to bring about change.

The center, funded by the National Institute of Mental Health, has three goals: to pursue scientific discovery, empower others and bring about positive change.

Investigators from UCLA, Friends Research Institute, the Los Angeles County Department of Public Health and other research and community partners collaborate to achieve CHIPTS' mission. The CHIPTS community promotes cutting-edge science and networks and empowers scientists, advocates, policymakers and consumers.

CHIPTS consults on the development of new research projects and helps obtain funds for these initiatives, provides technical assistance in HIV program development and evaluation, and sponsors an annual conference for developing researchers to present their work.

For more information, go to: chipts.ucla.edu

Happy Feet Clinic

Happy Feet Clinic unites UCLA undergraduates and medical students from the PRIME (Programs in Medical Education) program at David Geffen School of Medicine at UCLA to provide comfort to the homeless one foot at a time by setting up podiatry clinics at multiple sites in Los Angeles. These include Union Rescue Mission in downtown L.A., Ocean Park Community Center in Santa Monica and New Image Emergency Shelter in South L.A.

Visitors to the daylong clinic get a foot wash in a tub of warm, soapy water, followed by a foot exam. Students work alongside faculty mentors to check for everything from fungal infections to diabetes. Some foot ailments are remedied immediately. Often, simple services prevent major problems, including leg amputations. A medical "education station" provides fresh socks, shoes and other essential foot-care products.

The program was started in 2008 by 17 PRIME students who wanted to create a community-based initiative that addressed a real need and to add to the existing network of resources and services. UCLA undergrads were recruited and given the opportunity to continually improve and host foot clinics for L.A.'s homeless.

PRIME is a five-year, dual-degree program focused on developing leaders in medicine who will address health policy, care and research for the underserved.

For more information, go to: uclahappyfeetclinic.org

Iris Cantor-UCLA WHERC

Iris Cantor-UCLA Women's Health Education and Resource Center

The Iris Cantor-UCLA Women's Health Education and Resource Center (WHERC) is a nonprofit agency that provides education on the physical, psychological and social issues impacting the health of women and girls. The center provides the community-outreach and consumer-education components of the UCLA Center of Excellence in Women's Health, integrating faculty expertise and research with a strong focus on prevention, especially for underserved girls and women.

WHERC partners with community-based organizations to address such issues as reproductive health and the environment, delivering healthcare to culturally diverse women, teen-intimate-partner violence prevention and human trafficking.

The UCLA women's basketball team and the student groups Campus Against Cancer and the American Medical Women's Association medical school chapter conduct the annual PinkZone breast-cancer awareness outreach program.

For more information, visit: womenshealth.ucla.edu

Lennox Health Fair

Nearly a third of the residents in the community of Lennox live below the poverty level. There is a shortage of basic health services, including preventive services, for this predominately Spanish-speaking population.

But the David Geffen School of Medicine at UCLA and the Lennox School District set out to change that with the biannual Lennox Health Fair.

The health fairs, organized by a team of six coordinators from the Latino Medical Student Association (UCLA/ Charles R. Drew University chapter), are held twice a year at one of the six schools in the district.

The volunteers, who include physicians, students and community workers, range from first- and second-year medical students, who serve as chaperones, help patients with intake forms and take vital signs, to third- and fourth-year medical students and physicians, who interview and consult with patients.

Health services include physical exams, immunizations, glucose and cholesterol testing and education, hypertension and anemia screening, vision and hearing testing, mammography, pap smears, dental screening and education for all aspects of healthcare, including HIV, prenatal care and nutrition education. About 200 patients are seen at each event.

For more information, visit: uclahealth.org/community

L.A. CAPRA

Los Angeles Community Academic Partnership for Research in Aging

The Los Angeles Community Academic Partnership for Research in Aging (L.A. CAPRA) Center implements programs to help older adults stay active and healthy as long as possible.

The partnership is between the David Geffen School of Medicine at UCLA, Charles R. Drew University of Medicine and Science, the City of Los Angeles Department of Aging and Partners in Care Foundation.

The L.A. CAPRA Center facilitates and implements community-partnered research across Los Angeles, one of the largest and most ethnically diverse urban centers in the United States.

The mission is to launch and test innovative programs that will improve the quality of life of lower-income older adults. The center collaborates with local leadership at community sites to implement these programs.

Current research projects include family care of older Latinos with diabetes, vulnerability of older adults to fraud, grief in older adults and the frailty of older homeless women.

The L.A. CAPRA Center was created in 2010 with a grant from the National Institute on Aging (NIA).

For more information, visit: lacapra.med.ucla.edu

Partnership for Progress Mentoring Program

The Drew/UCLA Partnership for Progress mentoring program matches medical students with inner-city high school students who might be interested in the sciences but may lack the resources to know how to pursue those dreams.

Medical students from the David Geffen School of Medicine at UCLA and Charles R. Drew University of Medicine and Science provide support, resources, friendship and knowledge to underserved and underrepresented students who might be interested in pursuing a medical career.

Mentors offer tutoring, practice SAT tests and training sessions, special science classes, college-application and financial-aid workshops and scholarships. They also talk to students about how to get the most out of high school, college and higher education.

The program was seeded in 2000 with a grant from the Association of American Medical Colleges in collaboration with Pfizer, Inc.

For more information, contact:
partnership4progress@yahoo.com

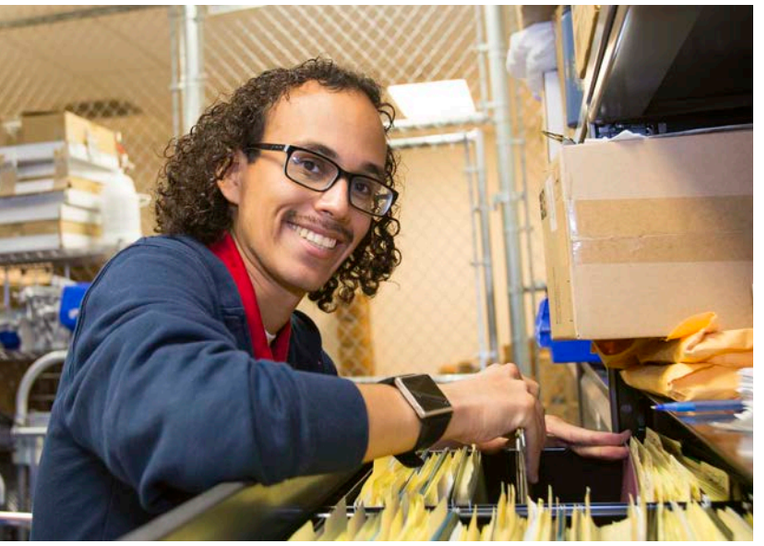
Project Export

Project Export is a collaboration of the Drew University Clinical Research Center, UCLA and RAND. Its mission is to establish the knowledge base necessary to reduce disparities in diabetes, depression and related health conditions among low-income African-Americans and Latinos, while building bridges in minority health by providing training and education and implementing pilot programs in these communities.

Project Export also aims to provide formal training in academic and community-based settings for researchers at Charles Drew University, UCLA and RAND to develop the skills needed to increase the participation of medically underserved minorities in research with the goal of identifying the best strategies to improve the health of communities.

Partners include Drew University faculty and researchers at the David Geffen School of Medicine at UCLA, UCLA School of Public Health and RAND.

For more information, go to: projectexport.org



Project SEARCH

Project SEARCH is an international trademarked and copyrighted program model emphasizing competitive employment in an integrated setting. The program has been adopted by UCLA Health, and UCLA Extension, and is provided in collaboration with PathPoint, offering education and training to young adults with intellectual and developmental disabilities through an innovative workforce and career development model that benefits the individual, workplace and community.

Ronald Reagan UCLA Medical Center (in collaboration with PathPoint, the Westside Regional Center and UCLA Extension) became the project's first site in Los Angeles County in 2010; that initial collaboration has evolved into a well-established and successful program to help adults with developmental disabilities to develop life and job skills, and to reach their fullest potential, through on-the-job training and workplace immersion. Today, through the collaborative efforts with PathPoint, UCLA Health's program stands among the most successful Project SEARCH partnerships in the country, if not the world.

Participants in Project SEARCH are placed for 12 months in an unpaid internship at Ronald Reagan UCLA Medical Center and UCLA Medical Center, Santa Monica. In addition to specific work tasks, they learn the art of interacting with patients, hospital visitors, co-workers, supervisors and the medical staff. Graduates from the program receive certificates of completion, college credits, and employment; some students have been hired as UCLA employees following their completion of the program. With offices in five California counties, PathPoint has worked to assist people with disabilities and disadvantages to attain independence and an improved quality of life since 1964.

For more information, go to:
community.medschool.ucla.edu/projectsearch

RCMAR National Coordinating Center and Center for Health Improvement of Minority Elderly

Resource Centers for Minority Aging Research

The Resource Centers for Minority Aging Research (RCMAR), established in 1997 by the National Institutes of Health: National Institute on Aging, aim to decrease health disparities between minority and non-minority older adults by increasing the number of minority faculty who conduct health-services research on older adults in partnership with community-based organizations that service them.

The RCMAR National Coordinating Center and the RCMAR Center for Health Improvement of Minority Elderly (CHIME) are housed in the David Geffen School of Medicine at UCLA's Department of Medicine.

The UCLA/Drew RCMAR training program has the dual mission of advancing the careers of minority faculty through mentorship and training to equip them with the needed skills to conduct community-partnered research that will decrease the severe health disparities currently experienced by many minority elders in Los Angeles and the nation.

The RCMAR Coordinating Center provides logistical support to all six of the RCMAR centers nationally and oversees the dissemination to health professionals, public policymakers and consumers research products such as new programs that have been shown to improve the health and well being of minority elders, measurement tools that accurately capture health outcomes, publications of the results from the RCMAR faculty's pilot projects, community activities and other resources developed by RCMAR-affiliated researchers.

For more information, visit:
rcmar.ucla.edu
chime.ucla.edu

Sex and Cookies

Cookies are the lure, sex is the topic for the graduate students who run UCLA's Sex and Cookies program.

Four or five times a quarter, students from the David Geffen School of Medicine at UCLA, as well as those from the schools of Public Health and Social Welfare, bring cookies and lively discussions to undergraduates at UCLA residence halls.

The program, which began in 2009, facilitates discussions about healthy relationships, sexuality, consent, communication, contraception and sexually transmitted diseases. The idea is to foster open, supportive and accurate discussions about these topics and to give resident assistants knowledge and communication skills, so they can offer support and resources to students.

UCLA faculty members David Gere, Ph.D., an associate professor in the World Arts and Culture program, and Gail Wyatt, Ph.D., a professor at the UCLA Semel Institute for Neuroscience and Human Behavior, helped establish the program.

For more information, contact: uclasexandcookies@gmail.com

Sun Valley Community Health Center

Sun Valley Community Health Center may sit on a middle-school campus, but it provides healthcare services for an entire community. The center, which officially opened in 2008, is a unique partnership between the David Geffen School of Medicine at UCLA, Los Angeles County, the Los Angeles Unified School District and the Northeast Valley Health Corporation, a Federally Qualified Health Center (FQHC).

The 10,000-square-foot center has 13 exam rooms, a dispensary, lab, four counseling offices and education and training rooms and is one of the largest and most comprehensive school-based clinics in the United States.

Clients, including middle-school students, receive help with chronic-disease management, dental care, preventive care, mental health and Women, Infant, & Children (WIC) program services. The clinic also serves as a training center for UCLA medical students and family medicine residents. Undergraduates are also welcome to volunteer. Walking groups are offered for local residents.

The seeds of the center were planted in 2000, when eight UCLA medical students surveyed 300 households in the area for more than a year and found the area lacking in adequate healthcare services. Asthma was found to be the most serious health problem in the community, and the research led to Sun Valley being designated a Health Professional Shortage Area for primary care. An asthma screening and early intervention program was the first to be established on the middle-school campus.

For more information, go to: nvhc.org

UCLA CTSI

Clinical and Translational Science Institute

UCLA Clinical and Translational Science Institute provides the infrastructure to bring UCLA innovations and resources to bear on the greatest health needs of Los Angeles and the nation. It is a dynamic partnership with Cedars-Sinai Medical Center, Charles R. Drew University of Medicine and Science, Los Angeles Biomedical Research Institute at Harbor-UCLA Medical Center and a wide range of community organizations.

UCLA CTSI has five primary goals: create an academic home for clinical and translational science, build transdisciplinary research teams to accelerate and translate discovery, educate and train the next generation of clinician-investigators and translational scientists, build and expand academic-community partnerships and serve as a national resource for collaborative research.

UCLA CTSI is one of 60 such institutes awarded a Clinical and Translational Science Award (CTSA) from the National Institutes of Health (NIH).

For more information, go to: ctsi.ucla.edu

UCLA Dance Marathon

UCLA students and others put on their dancing shoes and rock away during the 26-hour annual UCLA Dance Marathon to raise money and awareness to help children with AIDS.

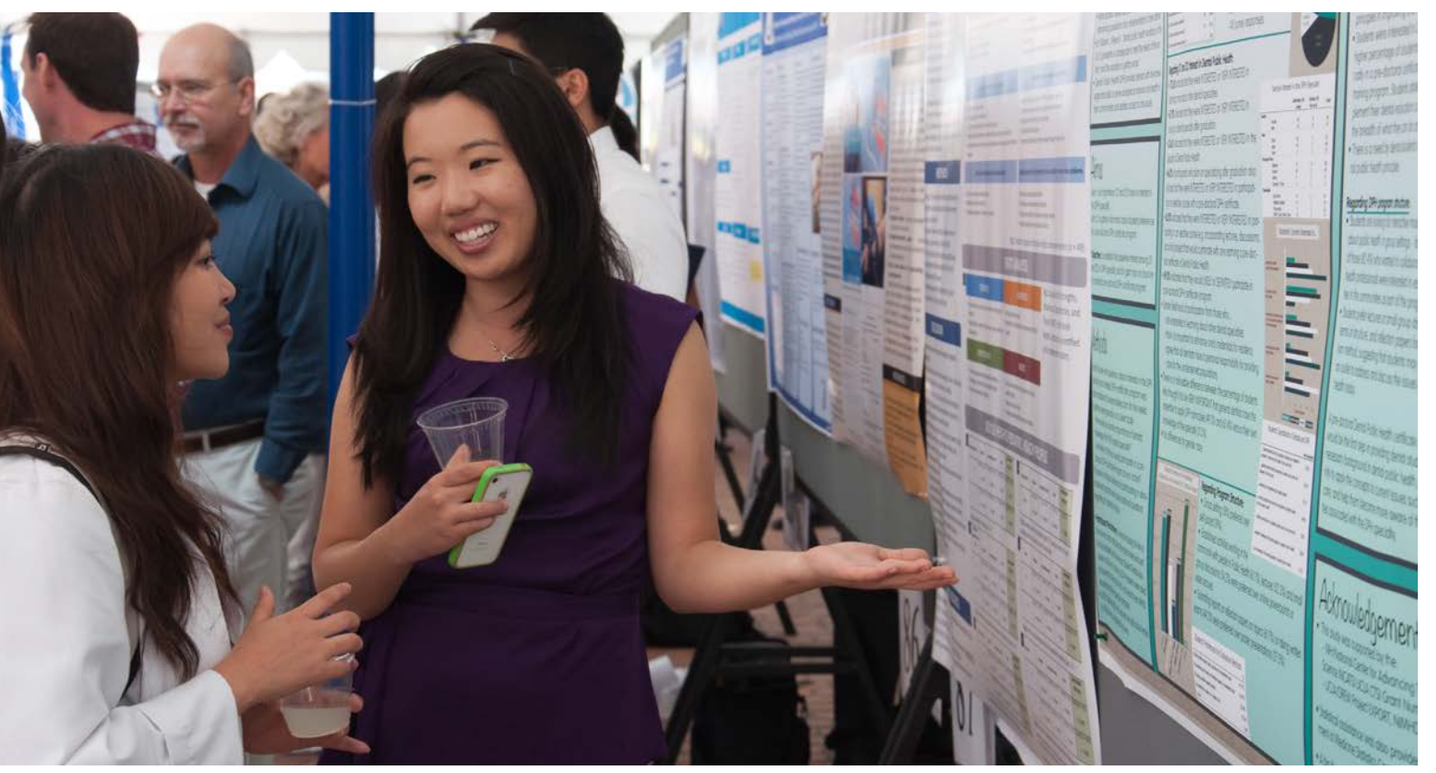
The yearly event, which began in 2002, attracts students, celebrities and others and has raised nearly $3 million in more than a decade.

Proceeds benefit four organizations: the Elizabeth Glaser Pediatric AIDS Foundation, the world's largest pediatric AIDS foundation; Project Kindle and One Heartland, two free summer-camp programs that provide HIV-affected children with a summer-camp experience; and the UCLA AIDS Institute, which is dedicated to the eradication of HIV and AIDS.

Besides raising funds, the Dance Marathon hopes to raise awareness about the importance of HIV education and testing.

Dancers set a donation goal and must stay on their feet for the entire 26 hours of the Dance Marathon. They are paired with Dancer Captains who assist with fundraising and guide and support the dancers.

For more information, go to: bruindancemarathon.org



UCLA Family Commons at Robert F. Kennedy Community Schools

School and community intersect at the UCLA Family Commons at Robert F. Kennedy Community Schools in Los Angeles, where UCLA medical students and professors bring the best science-based tools for well-being to neighborhood families.

The RFK site is a project of the Semel Institute for Neuroscience and Human Behavior at UCLA.

The RFK Commons provides school-based and community-based programs geared to the needs of the community. School programs include social skills lessons, after-school programs, obesity prevention, parent education and health fairs supported by the UCLA Department of Family Medicine.

The community-based component includes a home-visit program for pregnant women, breastfeeding support, obesity prevention workshops, social support, parenting and child development education and early intervention designed to help children enter school with a good foundation for health and learning.

For more information, visit: rfkcommunityschools.org

UMMA Community Clinic

The impetus for the UMMA Free Clinic, conceived by UCLA and Drew University medical students, stemmed from the 1992 Los Angeles riots and began as a project of the school's Muslim American students, who saw a need.

Medical students volunteer at the clinic, located in South Central Los Angeles, helping with basic health services, including in-take, immunizations and health education, for the community. They also learn about some of the health concerns of underserved populations.

UMMA, University Muslim Medical Association, started with a small community development grant, one doctor and one nurse. The clinic saw its first patient on Sept. 24, 1996, and in 2008 was the first Muslim American organization designated a Federally Qualified Health Center (FQHC).

The acronym translates to "community" in Arabic and is believed to be the first charitable medical institution in the United States established by Muslim Americans.

For more information, go to: ummaclinic.org

Community Engagement

by the numbers

2013 charity and underfunded care:

$69,537,000

UCLA community-engaged projects:

219 have been identified to date.

965 faculty, students and staff reported **participating** in a community-engaged project.

Happy Feet serviced 650 clients in the last two years and approximately 1,000 clients since the program was founded.

Dance Marathon danced 26 hours annually and raised $3.5 million in 12 years.

Project Search:

Over 50 students learned life-changing skills.

Mobile Eye Clinic traveled

30,000 miles.

1,500 **donated preschool eyeglasses, plus** 700 **other eyeglasses.**

Breathmobile sees about 800 patients a year and travels approximately 7,000 miles a year.

Operation Mend has helped

104 patients since its inception.

Venice Family Clinic:

Approximately 150 UCLA residents and faculty members in primary-care fields provide more than 4,700 volunteer hours. More than 200 medical and undergraduate students also volunteer their time. Each year, UCLA donates over $4,000,000 in in-kind radiology services and free outpatient surgeries to more than 10 patients monthly.

it begins with U

UCLA Health | David Geffen School of Medicine

UCLA Health Community Engagement

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