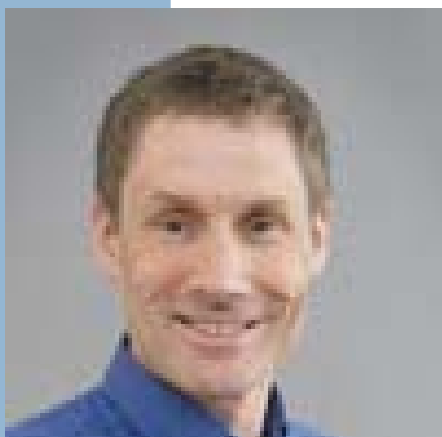




Speaker Series

Guest Speaker

“Precision prevention – from risk identification to effective prevention in type 2 diabetes”



Jussi Pihlajamäki, MD, PhD

Professor in Clinical Nutrition

Dean Faculty of Health Sciences

University of Eastern Finland, Kuopio, Finland

Evidence from randomised trials demonstrate that type 2 diabetes can be prevented with a lifestyle intervention. There are data to suggest that healthy lifestyle can even overcome the genetic risk for type 2 diabetes. However, real-world implementation strategies for type 2 diabetes have not yet been successful in reaching at-risk individuals, and have not been successful in supporting permanent lifestyle changes.

Wednesday, January 22, 2020

11:00am – 12:00pm

Gonda Building 1st Floor Conference Room, 1357

Light snacks will be provided

To meet with Dr. Jussi Pihlajamäki, please contact:

Host: Dr. Päivi Pajukanta, PPajukanta@mednet.ucla.edu

To receive seminar notices, contact Charina McDonald (cmcdonald@mednet.ucla.edu)
Upcoming speakers, <https://medschool.ucla.edu/human-genetics/seminar-series>