12TH ANNUAL
UCLA-Mellinkoff GI & Hepatology Symposium

MARCH 15-16 2024

• Case-Based Presentations
• Literature Updates
• Video and Live Cases
• Patient-Provider Communication Skills Session
• Hands-On Session

Virtual and In-Person
UCLA Luskin Conference Center
The 12th Annual UCLA-Mellinkoff Gastroenterology and Hepatology Symposium is designed to offer healthcare professionals evidence-based and integrative approaches to treat common GI disorders that can easily be implemented into practice and have significant impact on patient outcomes. An endoscopy forum with video and live cases will also show complex cases and new technology. New to the program is an in-person workshop with visual and interactive methods to teach the process of patient-centered care to improve communication skills, patient-provider relationship, and patient satisfaction. Interactive, case-based presentations and panel discussions by experts in their field will engage attendees and enhance this learning experience.

At the end of the course, learners will be able to:
1. Discuss therapeutic options and on-treatment management strategies for patients with liver disorders
2. Discuss current goals of therapy and management strategies utilizing a holistic approach to treat disorders of the gut-brain interaction (DGBI)
3. Apply the newest therapeutic strategies to better diagnose, classify and achieve remission in patients with Crohn's disease and ulcerative colitis
4. Describe treatment options and varying endoscopic approaches to managing pancreatic disorders
5. Understand the medical and endoscopic management options for the treatment of esophageal disorders
6. Understand the relationship between food and nutrition, and the foundational science involved in developing nutrition plans for GI disorders
7. Implement practice skills and techniques to improve clinician-patient communication to enhance health outcomes

Target Audience
Gastroenterologists, GI endoscopists, hepatologists, GI physician assistants, GI nurse practitioners, GI nurses, GI fellows and other allied healthcare professionals

Non-CME – Hands-On Session
The hands-on session will provide valuable learning opportunities, though no accredited hours will be issued for this portion.
In-Person Location

UCLA Meyer and Renee Luskin Conference Center
425 Westwood Plaza, Los Angeles, CA 90095

The UCLA Meyer and Renee Luskin Conference Center and its adjoining hotel is a LEED Platinum-certified property enhanced by leading edge resources. It’s central location makes it a wonderful base from which to explore many exciting cultural opportunities, including the UCLA Fowler Museum, Geffen Playhouse, UCLA Athletic Hall of Fame and The Getty Museum as well as shopping and dining in nearby Beverly Hills. luskinconferencecenter.ucla.edu

Overnight Accommodations
We urge you to make reservations early. A limited block of rooms, at a special rate of $319 + tax has been reserved. The rates will be honored three days pre-and post-meeting based on group room availability. Internet access is complimentary to overnight guests.

To receive this rate, you must make your reservation before the room block is filled and by the expiration date of February 20, 2024. Attendees are responsible for their own reservations. The standard hotel reservation cancellation policy will apply to the individual reservations, unless otherwise specified.

To reserve a room, call 855-522-8252 and ask for group code: LG2403MELB. Or make a reservation online at bit.ly/3NoHyz

Conference Parking
From the 405 freeway, exit Wilshire Blvd., East toward Westwood. Turn left on Westwood Blvd., travel past Charles E. Young Dr. South and turn left on Structure 8 driveway. Drive up the ramp to the rooftop level to park. Pay stations are located up on the roof top. All day self parking is $15. There is a convenient walkway/bridge connecting Parking Structure 8 (on level 3) to the Luskin Conference Center Property. The Luskin Conference Center is located at Westwood Plaza and Strathmore Place. Overnight self parking is available at The Luskin Conference Center at $35 per night on a first come, first served basis. There is also self parking available at Parking Structure 8 at $30 per night.

All parking rates are subject to change. For additional information, please visit: luskinconferencecenter.ucla.edu/about/campus-map-parking/

Virtual Platform

The 12th Annual UCLA-Mellinkoff Gastroenterology and Hepatology Symposium is a hybrid event and can be accessed through a live, virtual meeting web platform. Registrants will receive a virtual meeting link and password to access the conference and virtual exhibit hall.

Disclaimer

Refunds
Cancellations must be received by email by March 4, 2024 to ccpd@mednet.ucla.edu and will be subject to a $75 processing fee. No refunds will be granted after that date. If, for any reason, the course is canceled, discontinued, or rescheduled, a full refund will be provided.

Those who choose the in-person option can also access the virtual platform. If the attendee decides to change from in-person to virtual only, this must be received via email by March 4, 2024 to ccpd@mednet.ucla.edu in order to receive a refund for the difference. We do not offer single day rates.
### Agenda

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>7:00 – 7:50 am</td>
<td>Non-CME – Registration, Breakfast, Virtual and In-Person Exhibit Hall</td>
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<tr>
<td>7:50 – 7:55 am</td>
<td>Welcoming Remarks</td>
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<tr>
<td></td>
<td>Eric Esrailian, MD, MPH, UCLA</td>
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<tr>
<td>7:55 – 8:00 am</td>
<td>Course Overview</td>
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<td></td>
<td>V. Raman Muthusamy, MD, MAS, UCLA</td>
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**CME – Liver Disorders**  
**Moderator: Sammy Saab, MD, MPH, UCLA**

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>8:00 – 8:20 am</td>
<td>Risk Stratification of Patients with Cirrhosis Undergoing Surgery</td>
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<td></td>
<td>Jasleen Singh, MD, UCLA</td>
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<tr>
<td>8:20 – 8:40 am</td>
<td>Approach to Difficult to Treat Hepatic Encephalopathy</td>
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<td></td>
<td>Sammy Saab, MD, MPH, UCLA</td>
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<tr>
<td>8:40 – 9:00 am</td>
<td>Controversies in Hepatitis B: Starting and Stopping Antiviral Therapy</td>
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<td></td>
<td>Akshay Shetty, MD, UCLA</td>
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<tr>
<td>9:00 – 9:20 am</td>
<td>Approach to Refractory Autoimmune Hepatitis and PBC</td>
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<td>Sentia Iriana, MD, UCLA</td>
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<tr>
<td>9:20 – 9:40 am</td>
<td>Portal Vein Thrombosis: To Treat or Watch</td>
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<td>Tien S. Dong, MD, PhD, UCLA</td>
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<tr>
<td>9:40 – 10:00 am</td>
<td>Panel Discussion: Current and Future Treatments of Patients</td>
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<td></td>
<td>with Advanced Fibrosis and MASLD</td>
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<td>Steven-Huy B. Han, MD, UCLA; Beshoy T. Yanny, MD, UCLA</td>
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<tr>
<td>10:00 – 10:15 am</td>
<td>Non-CME – Break, Virtual and In-Person Exhibit Hall</td>
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**CME – Disorders of Gut-Brain Interaction (DGBI) / Functional GI**  
**Moderator: Lin Chang, MD, UCLA**

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<td>Introduction</td>
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<td></td>
<td>Lin Chang, MD, UCLA</td>
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<tr>
<td>10:20 – 10:25 am</td>
<td>Case Presentation: Patient with Chronic Diarrhea and Food Sensitivities</td>
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<td></td>
<td>Anthony Myint, MD, UCLA</td>
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<tr>
<td>10:25 – 10:45 am</td>
<td>Diagnostic and Therapeutic Approach to Chronic Diarrhea</td>
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<td></td>
<td>Andrea S. Shin, MD, MSCR, UCLA</td>
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<tr>
<td>10:45 – 11:00 am</td>
<td>Approach to Managing Food Sensitivities</td>
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<td></td>
<td>Kate Evans, MS, RDN, UCLA</td>
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<tr>
<td>11:00 – 11:15 am</td>
<td>Panel Discussion</td>
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<tr>
<td>11:15 – 11:20 am</td>
<td>Case Presentation: Patient with Chronic Abdominal Pain</td>
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<td></td>
<td>Rachel Sarnoff, MD, UCLA</td>
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<tr>
<td>11:20 – 11:45 am</td>
<td>Rationale and Use of Neuromodulators to Treat Chronic Abdominal Pain</td>
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<tr>
<td></td>
<td>Douglas A. Drossman, MD, Drossman Care, University of North Carolina</td>
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</table>
11:45 am – 12:00 pm  Tips for Screening and Referring to Brain-Gut Behavior Therapy
Megan Oser, PhD, UCLA

12:00 – 12:15 pm  Panel Discussion

12:15 – 1:15 pm  Non-CME – Lunch, Virtual and In-Person Exhibit Hall

CME – Literature Update: Key Papers from the Last Year
Moderator: V. Raman Muthusamy, MD, MAS, UCLA

1:15 – 1:40 pm  Update on Hepatology Literature
Jihane N. Benhammou, MD, PhD, UCLA; Carrie R. Wong, MD, PhD, UCLA

1:40 – 2:05 pm  Update on Inflammatory Bowel Disease Literature
Berkeley Limketkai, MD, PhD, UCLA; Jenny Sauk, MD, UCLA

2:05 – 2:30 pm  Update on Endoscopy
Kumar Krishnan, MD, Mass General; Uma D. Siddiqui, MD, UChicago

END MAIN SESSION

2:30 – 2:45 pm  Non-CME – Break, Virtual and In-Person Exhibit Hall

BREAK OUT SESSIONS

CME – Track 1 – Live Endoscopy and Video Forum
VIRTUAL AND IN-PERSON PARTICIPATION
Moderator: Adarsh M. Thaker, MD, UCLA

2:45 – 5:00 pm  Stephen Kim, MD, UCLA; Jennifer Kolb, MD, MS, UCLA; Kumar Krishnan, MD, Mass General; Danny Issa, MD, UCLA; V. Raman Muthusamy, MD, MAS, UCLA; Alireza Sedarat, MD, UCLA; Uma D. Siddiqui, MD, UChicago

CME – Track 2 – Patient-Provider Communication Skills
IN-PERSON PARTICIPATION ONLY
Moderator: Lin Chang, MD, UCLA

A workshop on improving communication skills, patient-provider relationship, and patient satisfaction with visual and interactive methods to teach the process of patient-centered care.

2:45 – 5:00 pm  Facilitator: Douglas Drossman, MD, Drossman Care, University of North Carolina
Panel: Lin Chang, MD, UCLA; Andrea S. Shin, MD, MSCR, UCLA

5:00 pm  Adjourn

5:00 – 6:00 pm  Non-CME – Hands-On Session
## Agenda

### SATURDAY MARCH 16

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<td>8:05 – 8:10 am</td>
<td>Crohn’s Disease Brief Case Discussion</td>
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<td>State of the Art: New Therapies in Crohn’s Disease</td>
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<td>8:30 – 8:35 am</td>
<td>Case Continuation</td>
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<td>Positioning of Therapies in Crohn’s Disease</td>
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<td>Siddharth Singh, MD, MS, UC San Diego</td>
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<td>10:25 – 10:45 am</td>
<td>Acute Severe Ulcerative Colitis Updates</td>
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<td>Hassan W. Hamandi, MD, UCLA</td>
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<td>10:45 – 11:15 am</td>
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### CME – Inflammatory Bowel Diseases

**Moderator: Jenny Sauk, MD, UCLA**

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### CME - Pancreaticobiliary Disorders

**Moderator: Stephen Kim, MD, UCLA**

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<tr>
<td>11:15 – 11:30 am</td>
<td>Pancreas Cysts: When to Watch, Ablate, or Resect</td>
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<td>Uma D. Siddiqui, MD, UChicago</td>
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<tr>
<td>11:30 – 11:45 am</td>
<td>Tips for Biliary Stenting of Hilar Strictures</td>
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| 11:45 am – 12:00 pm | RFA for Management of Intraductal Cholangiocarcinoma: What is the Latest Evidence?  
                     Danny Issa, MD, UCLA                                                   |
| 12:00 – 12:15 pm    | Techniques to Remove Difficult CBD Stones                             
                     Stephen Kim, MD, UCLA                                              |
| 12:15 – 12:30 pm    | Q & A                                                                 |
| 12:30 – 1:30 pm    | Non-CME – Lunch                                                        |
| 1:30 – 2:00 pm  | Zenker Diverticulum: Two Perspectives for Management                  
                    Dinesh K. Chhetri, MD, UCLA; Kumar Krishnan, MD, Mass General |
| 2:00 – 2:20 pm  | Medical Management of GERD: Going Beyond PPIs                         
                    Craig Gluckman, MD, UCLA                                           |
| 2:20 – 2:40 pm  | Managing Refractory Benign Esophageal Strictures                       
                    Alireza Sedarat, MD, UCLA                                           |
| 2:40 – 3:15 pm  | Case-Based Panel Discussion and Q & A                                 |
| 3:15 – 3:30 pm  | Non-CME - Break, Virtual and In-Person Exhibit Hall                   |
| 3:30 - 3:35 pm  | Introduction                                                          
                    Nancee Jaffe, MS, RDN, UCLA                                          |
| 3:35 - 3:50 pm  | Case 1: Nutrition Interventions for Gastrointestinal-Related Eating  
                    Natalie Manitius, MPH, RDN, UCLA                                   |
| 3:50 - 4:05 pm  | Case 2: Nutrition Interventions for Complexities in Celiac Disease   
                    Janelle Smith, MS, RDN, CEDRD, UCLA                                 |
| 4:05 - 4:20 pm  | Case 3: Nutrition Interventions for Inflammatory Bowel Diseases      
                    Christina Fasulo, MS, RDN, CNSC, UCLA                                |
| 4:20 - 4:35 pm  | Case 4: Nutrition Interventions for Ostomy Management                
                    Shelby Yaceczko, MS, RDN-AP, CNSC, CSSD, UCLA                       |
| 4:35 – 5:00 pm  | Ask the Dietitian Panel Discussion                                    |
| 5:00 – 5:15 pm  | Announcements and Course Wrap Up                                      |
| 5:15 pm        | Adjourn                                                               |
Course Directors

DIRECTOR
V. Raman Muthusamy, MD, MAS, AGAF, FASGE, FACG
Medical Director of Endoscopy, UCLA Health
Leon J. Tiber, MD, and David S. Alpert, MD, Chair in Medicine
Professor of Clinical Medicine
Vatche and Tamar Manoukian Division of Digestive Diseases
David Geffen School of Medicine at UCLA

CO-DIRECTOR
Lin Chang, MD
Vice Chief, Vatche and Tamar Manoukian Division of Digestive Diseases
Program Director, UCLA GI Fellowship Program
Co-Director, G. Oppenheimer Center for Neurobiology of Stress and Resilience
Professor of Medicine
David Geffen School of Medicine at UCLA

CO-DIRECTOR
Eric Esrailian, MD, MPH
Chief, Vatche and Tamar Manoukian Division of Digestive Diseases
Director, Melvin and Bren Simon Digestive Diseases Center
Lincy Foundation Chair in Clinical Gastroenterology
Health Sciences Clinical Professor of Medicine
David Geffen School of Medicine at UCLA

Invited Faculty

Douglas A. Drossman, MD
CEO and President Emeritus, Rome Foundation
President, Center for the Education and Practice of Biopsychosocial Care LLC
Professor Emeritus of Medicine and Psychiatry, University of North Carolina School of Medicine

Kumar Krishnan, MD, FASGE
Director of Endoscopic Innovation, Technology and Education
Assistant Professor of Medicine
Interventional Endoscopy Division of Gastroenterology
Harvard Medical School

Siddharth (Sid) Singh, MD, MS
Director, UCSD IBD Center
Associate Professor of Medicine
Division of Gastroenterology, and Division of Biomedical Informatics
University of California San Diego

UCLA Faculty

Jihane N. Benhammou, MD, PhD**
Assistant Clinical Professor of Medicine

Christina Fasulo, MS, RDN, CNSC**
Senior GI Dietitian

Nirupama N. Bonthala, MD**
Director, Women’s Health in Inflammatory Bowel Disease
Center for Inflammatory Bowel Diseases
Health Sciences Associate Clinical Professor of Medicine

Kevin Ghassemi, MD**
Clinical Chief, Westwood & Beverly Hills, Melvin and Bren Simon Digestive Diseases Center
Medical Director, Clinical Programs, Robert G. Kardashian Center for Esophageal Health
Health Sciences Associate Clinical Professor of Medicine

Dinesh K. Chhetri, MD, FACS*
Vice Chair, Department of Head and Neck Surgery
Professor of Medicine
David Geffen School of Medicine at UCLA

Craig Gluckman, MD, FCP(SA)**
Associate Director, Community GI Motility Health Sciences Assistant Clinical Professor of Medicine

Tien S. Dong, MD, PhD**
Director, Goodman-Luskin Microbiome Center Biorepository Core
Assistant Clinical Professor of Medicine

Hassan Hamandi, MD**
Director, Pediatric Inflammatory Bowel Disease Program
Associate Professor of Pediatrics and Medicine
Division of Pediatric Gastroenterology, Hepatology, and Nutrition

Kate Evans, MS, RDN**
GI Dietitian
Steven-Huy B. Han, MD, AGAF, FAASLD**
Program Director, Transplant Hepatology Fellowship
Director, Hepatology Clinical Research Center
Assistant Director, UCLA Asian Liver Center
Pfleger Liver Institute
Health Sciences Clinical Professor of Medicine & Surgery
Division of Liver and Pancreas Transplantation

Rachel Sarnoff, MD**
Health Sciences Clinical Instructor of Medicine
Primary Care – Disorders of the Gut-Brain Interaction (DGBI) Fellow
Division of General Internal Medicine

Sentia Iriana, MD**
Health Sciences Clinical Instructor of Medicine

Jenny Sauk, MD**
Director of Clinical Care, Center for Inflammatory Bowel Diseases
Health Sciences Associate Clinical Professor of Medicine

Danny Issa, MD**
Health Sciences Assistant Clinical Professor of Medicine

Alireza Sedarat, MD**
Health Sciences Associate Clinical Professor of Medicine

Nancee Jaffe, MS, RDN**
Lead GI Dietitian

Akshay Shetty, MD**
Health Sciences Assistant Clinical Professor of Medicine and Surgery
Pfleger Liver Institute
Dumont-UCLA Liver Transplant Center

Stephen Kim, MD**
Director, Faculty Career Development in Advanced Endoscopy
Health Sciences Associate Clinical Professor of Medicine

Andrea S. Shin, MD, MSCR**
Health Sciences Associate Clinical Professor of Medicine

Jennifer Kolb, MD, MS*
Assistant Professor of Medicine
Staff Physician, VA Greater Los Angeles Health Care
Division of Gastroenterology, Hepatology and Parenteral Nutrition

Jasleen Singh, MD**
Health Sciences Clinical Instructor of Medicine and Surgery
Pfleger Liver Institute
Dumont-UCLA Liver Transplant Center

Berkeley Limketkai, MD, PhD**
Director of Clinical Research, Center for Inflammatory Bowel Diseases
Health Sciences Associate Clinical Professor of Medicine

Janelle Smith, MS, RDN, CEDRD**
GI Dietitian

Natalie Manitius, MPH, RDN**
GI Dietitian

Adarsh M. Thaker, MD**
Health Sciences Assistant Clinical Professor of Medicine

Anthony Myint, MD**
Gastroenterology Fellow

Carrie R. Wong, MD, PhD**
Health Sciences Assistant Clinical Professor of Medicine
Pfleger Liver Institute
Dumont-UCLA Liver Transplant Center

Megan Oser, PhD**
Director, Behavioral Medicine in Digestive Health
Health Sciences Assistant Clinical Professor of Medicine

Shelby Yaceczko, MS, RDN-AP, CNSC, CSSD**
Advanced Practice Registered Dietitian

Sammy Saab, MD, MPH, AGAF, FACG, FAASLD**
Medical Director, Pfleger Liver Institute
Chief, Transplant Hepatology Head, Outcomes Research in Hepatology
Dumont-UCLA Liver Transplant Center
Professor of Medicine and Surgery
Adjunct Professor of Nursing

Beshoy T. Yanny, MD**
Program Leader, Hepatology, UCLA Medical Center, Santa Monica
Health Sciences Assistant Clinical Professor of Medicine

*Vatche and Tamar Manoukian Division of Digestive Diseases
*David Geffen School of Medicine at UCLA
The 12th Annual UCLA-Mellinkoff Gastroenterology and Hepatology Symposium is designed to offer healthcare professionals evidence-based and integrative approaches to treat common GI disorders that can easily be implemented into practice and have significant impact on patient outcomes.

Accreditation

CME Credits
The David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The David Geffen School of Medicine at UCLA designates this live activity for a maximum of 15.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

ABIM MOC
Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 15.75 Medical Knowledge MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Nurses
The California State Board of Registered Nursing accepts courses approved by the AMA for Category 1 Credit(s) as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local State Board for specific continuing education policies. Nursing participants, who attend both days in full, will be awarded 15.75 CMEs. Partial credit is not available. For more information, please visit the California BRN website or contact Kathleen Feldman, MSN, RN, NPD-BC, at KFeldman@mednet.ucla.edu

Disclosure
The FDA has issued a concept paper which classified commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the sponsor adequately manage all identified potential conflicts of interest prior to the program. We, at UCLA, fully endorse the letter and spirit of these concepts.
Online Enrollment

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March 15-16, 2024

UCLA Meyer and Renee Luskin Conference Center on the UCLA Campus.

Online enrollment and payment can be completed at https://ucla.cloud-cme.com/UCLAmellinkoff2024

You may use your MasterCard, VISA, American Express, or Discover card. Credit card and check payments via phone, fax, or mail are no longer accepted.

In-Person

Course Fee
In-Person
☐ MD/DO - $400 (UCLA GI fellow alumni discounted to $350)
☐ Other healthcare professions - $300
☐ Fellows/trainees - complimentary - email trishajames@mednet.ucla.edu

Virtual

Course Fee
Virtual
☐ MD/DO - $200
☐ Other healthcare professionals - $200
☐ Fellows/trainees - complimentary - email trishajames@mednet.ucla.edu

Non-CME - Hands-On Session
☐ Complimentary - open to all

Syllabus
☐ Complimentary online for all, hard copy for in-person only

Symposium and Registration Inquiries
Contact course coordinator trishajames@mednet.ucla.edu

Stay Connected!

We invite you to follow us on X (formally Twitter) @UCLAGIHep, and to visit our website, uclahealth.org/departments/medicine/gastro, for the latest information on our innovative clinical, research and education endeavors.
Register Today!

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