UCLA STUDY ON FAMILY THERAPY FOR TRANSGENDER + GENDER DIVERSE YOUTH AGES 12-24 & THEIR FAMILIES

What is this study about?
The research team aims to create a new version of family-focused therapy that helps families understand youths’ gender identity, communicate more easily, and reduce stress.

What will I do in this study?
Participation includes interviews, questionnaires, and 12 sessions of family-focused therapy at no cost.

Participants will be compensated for interviews and assessments.

To participate, you must:
Identify as not cisgender • Have a history of sadness or low mood and/or have tried drug(s) and/or alcohol • Attend family sessions with a parent or caregiver

CALL OR EMAIL FOR MORE INFORMATION
(310) 794-5269
LGBTQfamilystudy@mednet.ucla.edu

Primary Investigators: Natalia Ramos, MD, MPH and David Miklowitz, PhD
UCLA Department of Psychiatry